

Ward: Peckham

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3230	Beatrice Taylor Searle	Peckham Digital	<p>Peckham Digital is a festival celebrating creative computing, with a programme of interactive artworks, workshops, talks and performances run over 4 days. We champion access to art through technology, support emerging artists and provide a space for digital art communities to meet in person.</p> <p>We are a Peckham (South-East London) based festival and we are especially excited to be developing Peckham as a hub for digital art and creative technology, in collaboration with the CCI (a local creative computing university). We are proudly local and aim to provide creative opportunities for locals as well as attracting visitors to Peckham and the surrounding area. We also work closely with a wide range of cultural groups, including UAL, UCL, Goldsmiths University, Staffordshire Street, Ricebox Studios, London Creative Coding meetup, Algorithmic Art meetup and BrightBlack.</p> <p>This makes our festivals aimed at the local community, creatives and students, as well as being a magnet for wider audiences to come into the area. We provide a platform for emerging artists and a space for digital art communities to meet in person and have the opportunity to network. We collaborate with a wide range of artists, from emerging to established, with the aim of bringing people together through these networks who can learn from one another and create future collaborations as an outcome of meeting at the festival.</p> <p>We will continue hosting local primary schools, alongside UAL Tech Yard, a computing workshop for local 11-14 year olds.</p> <p>Our talks and exhibition are free to attend, and we focus on jargon-free accessible entry points, with attendees creating artworks from scratch that they can take away and practice at home.</p>	4566

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1733	Bells Gardens Estate TR&A	Get Fit & Knit	<p>The program has been on going and through the consistency we have promoted, encouraged and benefited social engagement, reduction of stress regular Exercise and a phenomenal impact in health and well-being. We've connected residents over 40 to physical fitness through Exercise tackled social isolation, and social engagement. Adults and Children have taken part and learning new skills knitting and crocheting. The impact of engagement has been quite rewarding. Fitness is essential in our community and having this program offers amazing contributions to the commitment that we have intended for our well-being and mental stimulation. Exercise in the park, has been a well-received activity with amazing results. Our objectives and shared goals in building relationships, community engagement is the goal is paramount in what Bells Gardens TRA has been about over the last 10 years of providing programs with the support of Southwark council.</p> <p>We not only incorporate fitness, learning, creative skills that are lasting and imperative to our community.</p>	5000

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*3383	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500
*3564	Connect (a partnership between In Your Corner and London Community Boxing)	Connect Peer Mentoring Pilot	<p>Since 2018, CONNECT has offered psychologically informed boxing groups for young people to improve emotional wellbeing. It has a core group offer and graduates programme and has worked with over 150 young people, with strong relationships with local targeted services (NHS CAMHS, Youth Justice, Children's Social Care). Our aim is to help young people achieve improved emotional wellbeing, connection to each other and their community. Our young people have improved their wellbeing, as well as become competitive boxers, achieved AQA educational units in boxing and completed work experience with LCB (see impact report).</p> <p>We want to develop further youth leadership opportunities in CONNECT by piloting a pathway where graduates and other local young people can train to develop skills to become young</p>	5000

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			<p>mentors, and then work with CONNECT mentees for 12 weeks, for weekly mentoring sessions.</p> <p>We want the project to:</p> <ul style="list-style-type: none"> -Support the emotional wellbeing of project mentees and mentors through 1:1 mentorship adding value to our group offer for young people. -Provide a development opportunity for local young people to become mentees, developing their skills and leadership abilities. -To promote community cohesion by supporting diverse local young people to learn and work together, whilst supporting other young people. <p>This project is a partnership between LCB and AFC. AFC have run a 2 year pilot demonstrating need for this way of working and an effective model of work. We work closely with all young people attending Connect to get feedback on project effectiveness and ideas for the future e.g. co-producing their graduates programme. They have told us they want opportunities post age 16 which can help them with employability and leadership skills. We also work closely with referring agencies to identify need and ensure we meet it (e.g. the Local Authority identified care leavers as a priority local group).</p>	
3261	Friends of Kelly Avenue Park	Community Fun Day	<p>Our Community Fun Day, which has, over the years, become a keenly anticipated annual summer event, provides an opportunity for all local families to enjoy leisure time together, without having to travel far or to spend a lot of money. Everyone receives a free lunch and there is entertainment and a range of activities to get involved in, facilitating the making of new connections, and building new relationships, thus strengthening the community and sense of belonging among the people living locally to the park.</p>	2000

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3326	Girls About Peckham	We are Outside	<p>The project aims to create & plan events and outdoor activities for our elderly members allows us to continue to build better networks between communities and service providers, encourages better life experiences, building of skills, confidence and connections that encourage better opportunities.</p> <p>Increases mental health and well-being, promotes fun, laughs and encouragement of meeting new people and interacting with others from different backgrounds It has been recognised as a valuable asset to the community, bringing accessible, trusted services closer to our members and community residents.</p> <p>Spending time outdoors and engaging in activities in natural environments can improve attention span, memory function, and more for seniors.</p> <p>Also as the Outreach worker my work has allowed me to recognise gaps and acknowledge when I have taken out members with permission from their carers they love that we are out socialising in the community, as some of the members rarely get to out. We have visited the local libraries, stores that sell food and clothes it's important that they feel part of the community, with We Are Outside I would like to visit more centres within the community and visits to Dementia Cinema, Swimming in the Hydro Pool a touch of weekly browsing all mentioned stimulates the mind and memory.</p>	4819
3419	Gloucester Grove Tenants Management Organisation	Engagement 4 all	<p>The Gloucester Grove TMO project aims to create a vibrant and inclusive community through three key initiatives: a 2-week play scheme in the summer, a community fun day, and a senior citizen's lunch during Christmas. These endeavours respond to the specific needs of our community in Peckham.</p> <p>Firstly, the 2-week play scheme addresses the gap in engaging activities for children during the summer holidays. With schools closed, this program provides a structured and enjoyable environment for children to participate in recreational activities, fostering their social and physical development. The scheme not only alleviates the burden on parents seeking childcare</p>	15350

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			<p>solutions but also ensures that children experience a memorable and enriching summer break.</p> <p>Secondly, the community fun day in the summer serves as a unifying event for all residents in the area. By organising a day filled with food, entertainment, games, and activities, we aim to strengthen community bonds and create a sense of belonging. This event encourages social interaction among diverse residents, promoting a harmonious neighbourhood where everyone feels connected and valued.</p> <p>Lastly, the senior citizen's lunch at Christmas is designed to address the potential isolation and loneliness that seniors may experience during the holiday season. By hosting a festive lunch gathering, we provide a warm and welcoming space for elderly residents to share good food, company, and holiday cheer. This initiative recognises and celebrates the contributions of our senior community members, fostering a sense of appreciation and inclusion.</p> <p>Overall, the Gloucester Grove TMO project seeks to enhance the quality of life for residents in Peckham by addressing specific seasonal needs. Through these initiatives, we aspire to build a more connected, joyful, and supportive community where every resident, regardless of age, feels valued and included in the shared tapestry of neighbourhood life.</p>	

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3574	Good Boost Community Wellbeing CIC	Community Aqua Health & Wellbeing Southwark	<p>We have been running community aqua rehab sessions at the Castle Centre swimming pool for the last 2 years. They have been extremely successful in supporting local residents in improving their pain, joint condition, mobility, confidence, health and wellbeing. The session's success has been highlighted in an NHS case study (http://tiny.cc/southwarkNHS) and swimming pool leisure operator (Everyone Active) created a video (http://tiny.cc/SouthwarkAqua) to highlight the impact on local residents. Why this project is needed:</p> <ul style="list-style-type: none"> -Southwark is highly ethnically diverse and low-income residents, which place them at the highest risk of health inequalities in the UK - Local hospital and Physio services have extremely high wait time, resulting in local resident not able to access support for their condition quickly, resulting in worsening of their condition - Southwark have some of the highest rates of musculoskeletal conditions (joint conditions) in the UK; there is a huge need for locally accessible support to manage their condition without long NHS wait times/high cost of private Physiotherapy <p>We want to extend and expand this project to 2 new locations in Southwark (a swimming pool in Bermondsey & Peckham). In addition to the sessions in the swimming pools, this will include open-access self-management coffee mornings supported by Arthritis Action, to welcome new potential participants who may have anxiety/fear of taking part in exercise due to their condition/low-confidence and provide self-management guides, education and resources. We will creating new resources in multiple languages to ensure that residents who do not speak English as a first language have the information to take part. This project will:</p> <p>Measurably improve access to local MSK self-management services (data will evidence impact of improved health & wellbeing and cost savings to the NHS and local council services) Make session £2 per-class (and free for coffee mornings), making them affordable</p>	2,916

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*3550	Holistic Well Women	Grassroots for Good Ujima Project. (Collective Work and Responsibility)	<p>The Ujima Grass Roots for Good Project - To build and maintain our community together and make our community's problems our problems and to solve them together.</p> <p>Aims to develop a group network of peer- led community leaders who will share skills and knowledge and expertise and resources and experiences for the benefit of the community by the community.</p> <p>The Ujima project aim is to solve community together. Currently there are over 3,000 unregistered and registered charities in Southwark that all doing good to make Southwark a better place and to improve the opportunity in the community.</p> <p>We will take 6 Community group leaders on a collective and Collaborative journey together we will support each other, build capacity, share experiences, resources and skills, volunteers and space. We will engage with each other in a peer support and peer led style to offer support, encouragement and inspiration and empower each other to solve community issues and problems together. By sharing skills and resources to strength each leaders organisation. Based on time banking model. E.g. We share resources, space or fundraising skills, social media exchange.</p> <p>Core support offered will be Wellbeing, Coaching, Community Leaders Short Break Financial Well-being/ Fundraiser Support and Wellbeing experiences Personal Development. Skills exchange.</p> <p>Training. Collaboration working together sharing resources, supporting each other Legacy Training, building skills, building capacity. Improve wellbeing Modelling a different way story capturing evaluations (through film, podcasts, or trying something new)</p>	5300

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3494	Ignite Hubs	Peckham Coding Club	<p>We teach coding and STEM skills to children and young people aged 7 to 18 years old. We are an established education charity founded by Lin Vong in January 2019, a local resident of over 35 years and winner of 'Volunteer of the Year' in the UK at the Third Sector Awards in 2021. Ignite Hubs was highly commended as 'Community Champion of the Year' at the Third Sector Awards in 2022, shortlisted for 'Education & Training Initiative of the Year' at the 2021 Women in IT Award and nominated for the King's Award for voluntary service in 2023.</p> <p>Our mission is to provide accessible education and skill-building opportunities. We do this through weekly after-school coding and STEM classes, taught by experienced IT professionals. Our classes cover a range of valuable skills, including front-end web technologies like HTML/CSS, the general programming language Python, and Scratch, a user-friendly graphical programming language. We also teach hardware such as Arduino, Micro: bits and robotics. These skills are highly sought after by prominent tech companies like YouTube and Google.</p> <p>We are an Approved Activity Provider for the Duke of Edinburgh's Award, covering the Skills, Volunteer and Physical sections and part of the Jack Petchey Achievement Award Scheme, recognising outstanding young individuals.</p> <p>The funding will be used to employ STEM Instructors and a Youth Community Manager to deliver the classes and engage with the youth. The classes will be supported by volunteers, many of whom live or work locally.</p> <p>From our research, youth unemployment in Southwark is above the national average. By equipping young people with in-demand coding and STEM skills, we aim to empower them with the skills to access employment opportunities and higher-paying roles in the future, enabling those from disadvantaged backgrounds the chance to improve their circumstances and contribute positively to the community.</p>	4960

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3222	Illuminated Arts CIC	Pocket- Making Workshops for people with memory loss	<p>Stitching Communities Together will tackle isolation and highlight issues of memory loss and Alzheimers through a course of open-access workshops primarily targeted at isolated and cared-for members of the local community, including residents of supported housing and people living in care homes. We will run hussif and pocket making workshops for those with Alzheimers, dementia and memory loss living in Southwark.</p> <p>Participants will be provided with materials to complete their own hand-stitched pocket, and our skilled teams of oral historians and textile creatives will encourage them to tell their own stories, connect with their memories and bring their own ideas into the design. The workshops will be an opportunity to learn about men's and women's social history and share stories of their own experiences. The pockets and hussifs will be displayed in a stand-alone exhibition with hard-back catalogue, and maintained as a living archive. Participants will be invited to take part in a fashion show at the Queen's House in Greenwich in Summer 2025.</p> <p>Even before the pandemic, the elderly - particularly in care homes - found themselves increasingly isolated and cut off from family, friends and community without access to technology or internet connection. We will enable feelings of self-worth for amateur stitchers through inclusion in a professional production, illuminating history and heritage, bringing generations together through creativity, facilitating online connections if and where needed, and teaching restorative skills.</p> <p>Illuminated Arts has at its core the remit of unlocking stories of cultural heritage through the arts. We have eight years' experience of producing spectacular community showcase events, establishing strong networks along the way. We have worked with a wide range of vulnerable members of the local community, from disadvantaged youths, offenders, local schools, vulnerable adults, arts groups, adults with mental health issues and elderly care home residents.</p>	3000

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3317	Link Age Southwark	Seated Dance	<p>We have been running a Seated Dance group at St Mary Magdalene Church on a weekly basis for a couple of years. The group tutor specialises in working with older adults who have complex health needs and/or mobility needs and will adapt the group to ensure that it's accessible and enjoyable for all those who attend. The group incorporates seated dance and movement involving items such as scarves and other creative ways of encouraging movement. The purpose of the group aligns with our vision and our mission in terms of connecting older people and those living with a diagnosis of dementia with their local community whilst also having a positive impact on their physical health as well as having a positive impact on their wellbeing. For many group members the group is one of the main reasons that they choose to leave home each week and it provides an opportunity for them to interact with other group members, the tutor, our staff and volunteers. Friendships are often formed through attendance at the group and the group is fun. We provide transport to those who wish to attend our groups but who would otherwise not be able to do so due to restricted mobility. Those who attend the group are live within the ward or one of the surrounding wards.</p>	4560

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3363	Millwall Community Trust	Kicks Project Delivery	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Peckham.</p> <p>Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young people from the ages of 12 to 18 can take part in free weekly sessions at the Damilola Taylor Centre and gain coaching and volunteering experience. More structured volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of Peckham and help inspire young people away from those who may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 20-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p> <p>Through the Kicks project we will also deliver a range of healthy lifestyle workshops designed to help the young people be more resilient and understand how they can keep themselves healthy and safe.</p>	5000

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3586	Millwall Community Trust	Kicks Project Delivery	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Peckham. Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young people from the ages of 8 to 18 can take part in free weekly sessions (football, dance, boxing, music) at the Bethwin Adventure Playground facility and gain coaching and volunteering experience.</p> <p>More structured volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of Camberwell Green and help inspire young people away from those who may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 30-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments. Through the Kicks project we will also deliver a range of healthy lifestyle workshops designed to help the young people be more resilient and understand how they can keep themselves healthy and safe.</p>	5000

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3371	Mindful Photo Lab	Mindful Photography Workshop	<p>The Mindful Photography Workshop at Peckham Library is a crucial initiative, addressing the pressing issue of mental health challenges prevalent in our community. This program equips participants, regardless of age or cultural background, with essential mindfulness tools, using photography as a creative outlet.</p> <p>Each session begins with a positive photo review and an opportunity for sharing experiences, followed by an introduction to the weekly assignment and a smartphone-enabled photo walk around the library.</p> <p>The workshop aims to enhance well-being through mindfulness practices, including meditation and breathing exercises, while nurturing new positive habits. Engaging in creative photography activities, such as Nature Photography Walks along Surrey Canal Walk, fosters an appreciation for the beauty in one's surroundings and cultivates self-discovery.</p> <p>Participants not only develop mindfulness skills but also form connections with fellow community members, as exemplified during the Portrait Assignment where they photograph local shopkeepers and passers-by, fostering meaningful conversations. This sense of community and shared experiences provides vital support for those seeking to improve their mental well-being.</p> <p>The workshop concludes with an exhibition at the library, celebrating participants' achievements, highlighting the transformative power of mindfulness and creativity in enhancing mental health.</p> <p>You can read testimonials from past participants about how our workshop has improved their well-being on Trustpilot: https://uk.trustpilot.com/review/www.mindfulphotolab.com</p>	1677

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3273	Nino Style DC / supported by - Bells Gardens TR&A -	NINO STYLE DC	<p>The project is achieving results in providing physical exercise, engagement & well-being for the participants, both children & adults share in the classes which provide opportunity to inspire, elevate, stimulate and create a sense of community. The growth of the participants over time has been positive outcomes for all.</p> <p>We have been fortunate that Southwark has supported our efforts to continue with well-being activities for Peckham residents. The Why is demonstrated by the statics and growing numbers of Adults & children in our Ward tackling obesity, mental illness, and social isolation - physical exercise is quite low and to having classes offered that will give them the motivation to participate is amazing. We strive to have the classes invigorating and engaging which keeps our participants eager to come back. Nino Style has been offering classes for several years now with continued support from the community.</p>	5000
*3310	Nunhead Art Trail	Private and public venues -	<p>The Nunhead Art Trail is an opportunity for artists / performers and craft people of all ages and ethnicities to show their work in their own homes and institutions / community venues under the umbrella and guidance of experienced artist volunteers. The event takes place over one weekend in September. It has huge benefits not only to the artists but also to the people of Southwark as visitors to the Trail, giving a chance to enrich their lives by experiencing many varied art forms for free. It is a great opportunity to meet people, make new contacts and discover parts and aspects of the community previously unknown. The artists participating are from a wide range of backgrounds ranging from amateur to professionals, from young to old, from all corners of the world - this gives them an opportunity to show their works to a wide range of individuals. This is a great opportunity for people of Southwark to involve themselves in the creative world in a more accessible way than the classic London galleries. Prior to the pandemic the Art Trail ran annually. This year, a new group of volunteers picked it back up again and organised a successful Trail involving 50-100 individual and group participants. Neighbourhoods Funding would be used to repeat and expand on this success, allowing the Trail to grow back to the level of participation and community impact it had before the pandemic. Funding would allow a wider reach to the public through enhanced publicity and would reduce the registration fee, making it more accessible for local artists.</p>	5230

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*3249	Peckham and Nunhead Free Film Festival	Peckham and Nunhead Free Film Festival 2024	<p>Through festival meetings, Southwark residents have told our team that they are worried about rising costs and are looking to cut back on their social activities as the rising cost of living is leaving tight budgets.</p> <p>Free events such as Peckham and Nunhead Free Film Festival are needed more than ever. We want to show that residents can still have a social life and continue to enjoy entertainment without breaking the bank. Our free SE15 events are accessible to everyone in the community. Peckham and Nunhead Free Film Festival is as much about community as it is about film. Using the power of film to cross boundaries, raise awareness and bring people together. The festival is entirely run by volunteers with a commitment to the SE15 area. There are countless ways for new local volunteers to get involved in the actual running of the festival throughout the year- Even helping out with the smallest tasks can make a real difference to their own self-esteem and to the lives of people in Southwark.</p> <p>Our diverse events allow people to discover new community venues and resources too, watch a film in a park, shop, or community space is an opportunity to experience venues in new ways, and to celebrate SE15. We highlight venues and link with TRAs to screen films and coproduce events.</p> <p>Our aims are:</p> <ul style="list-style-type: none"> - Community cohesion: bringing together a wide range of local residents and local groups (reflecting the diverse demographic of the area) through film screenings - Skills development: run projection workshops and film making - Intergenerational working: bringing together people of different ages with a shared interest in films - Support local film making talent: We provide opportunities for filmmakers to reach wider audiences 	10295

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3366	Peckham Platform - Youth Platform	Peckham Platform	<p>From June 24- Feb 2025, c.35 young people from South London Refugee Association (SLRA), and Southwark Day Centre for Refugee and Asylum Seekers (SDCAS) will participate in artist-led workshops.</p> <p>Over 6 sessions, young people will:</p> <ul style="list-style-type: none"> - Explore their connection to Peckham communities - Collect community oral histories on Rye Lane memories/experiences - Create new visual artwork and accompanying soundscape in response <p>Our partnership connects an Asset Based Community Development model that pools existing skills/networks/resources to enhance rather than replicate youth support outcomes in Peckham.</p> <p>Workshops are designed collaboratively, ensuring quality/accessibility to a wide range of participant needs, and tailored engagement to progressively strengthen participant trust, voice and agency. After 6 weeks, young people will have learnt new creative skills, experienced deeper connection to their lived environment/wider community, and report improved wellbeing/civic pride. We will encourage legacy through signposting further opportunities in our programme, workforce, and operation.</p> <p>The artists we work with are co-selected with the young people. Artworks will be presented online, promoted across Peckham and beyond. Locals will be able to add their oral histories through an integrated 'wind phone' - initiating a growing community archive of stories/memories/experiences held permanently online.</p> <p>Need</p> <p>-This programme will continue to connect youth to the people and places that they are usually</p>	5394

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			<p>excluded from. SDCAS</p> <p>As a community-embedded organisation working with 'underserved' communities - we saw significant need in Peckham and designed this evolving project in response Inequality increases. Those with less are disproportionately bearing the weight of economic/social/health/wellbeing crises Material/basic needs add barriers in cultural access. Those already underrepresented are engaging less than ever Covid-19 urban decline. Wider issues of antisocial behaviour and civic disconnection exacerbate.</p>	

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*2286	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Nunhead and East Dulwich that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Belham - Bellenden - Hollydale -Ivydale - John Donne - Rye Oak - St Francesca Cabrini - St Mary Magdalene <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Harris Girls' Academy East Dulwich (Jan-Apr) and the new cricket facilities at Peckham Rye Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds. It will also help to build a relationship with Streatham & Marlborough Cricket Club, where the project aims to signpost children to from 11 years old onwards.</p>	5200

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			<p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	

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*3626	Pro Touch SA CIC	Pro Touch SA Multi-Sports Club for Primary School Boys and Girls	<p>The project will engage and support Primary school Boys and Girls (including SEND participants) who may not have easy access to dedicated/ consistent weekly support and services in Multi-sports. Our goal is to provide free sessions to those in our community and encourage them to stay actively fit and grow in confidence with newfound skills and knowledge in various multi-sports we will teach. This is aimed to reinforce and develop Physical Education lessons taught in Primary School. These drills will improve the physical activity of the participants greatly, whilst also increasing their knowledge of sports through having fun.</p> <p>Our Programme will involve a large variety of multi-sports activities so that we can ensure there is something for every participant to enjoy. These will include, however, are not limited to Fencing, Basketball, Dancing, Cricket, Badminton, tag rugby, dodgeball, bench ball etc.).Furthermore, as a sports-based community interest company, we are well-versed in fitness, strength and conditioning drills, including Speed, Agility, and Endurance exercises. We believe this diverse set of sports will maximise engagement as well as expose participants to sports they may never have had access to before due to inequalities in society.</p> <p>We are aware that different participants have different levels of ability i.e. beginners intermediate and advanced and we are equipped to cater for all. The Project is fully inclusive of all SEND attendees regardless of impairment type and, therefore has a variety of activities planned that can be broken down into the basic fundamental skills/ sessions taking into account the individual's sporting and physical ability, ensuring inclusion for all.</p>	1406

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3489	Salem Academy of Music	Musical Instrument for the disadvantaged	<p>From your 2023 young people (YP) population data, the majority of YP in the borough are from the ethnic minority group. Most of these are from disadvantaged backgrounds. In your survey, 44% (the highest) of these youths said they would like to learn to play a musical instrument. For most, due to the financial commitments involved, it ends up being just a dream. Here at Salem Academy of Music, our aim is to make that a reality. We are open to any youth willing to learn. Contrary to others, we are not in search of the brightest or the most gifted, we work with the willing and make them the best beyond their dreams. We have passionate and committed volunteers whose primary objective is to help our YP achieve their dreams. Furthermore, ethnic minority people are underrepresented in classical or instrumental music due to the reasons cited above. At SAM, we aim to help change that perspective. Some of our YPs have gone on to study music at higher institutions; some now have full-time music careers and some have played with the BBC concert orchestra as well as toured Europe with Chineke Orchestra.</p> <p>The borough benefits a great deal from what we do. We are training their YP. We give various performances and concerts throughout the borough annually. We are currently scheduled to play 'The Last Post' at the memory service on Remembrance Sunday in November. We have a Christmas concert at the Apostolic Faith Mission, Peckham on 3rd December. Another Christmas concert is scheduled for the 9th December at Canada Water. We have given an open air performance at the Aylesham Centre in Peckham in the past and might give another one this year. A good number of our YP play weekly at their local churches and other venues/gigs.</p>	9490

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3079	SkyWay Charity	Youth Social Action Taskforce	<p>The young people get involved with an ongoing social action taskforce - a committee which will decide the types of social action they'll carry out and the delivery methods they'll use. They're supported to fundraise for the activities, engage other young people to take part, as well as identify individuals and organisations in the community who are able to help them achieve their goals.</p> <p>The Social Action Taskforce is a forum made up of young people to develop and deliver social action activities. The young people who make up the taskforce receive training in leadership and planning in order to be able to play a full role in the oversight, planning and delivery of the project. The young people on the taskforce are supported to develop plans for their activities including how to set clear aims and objectives for what is to be achieved within the activities.</p> <p>Our current taskforce are developing a project on food insecurity in the community. The taskforce for 2024/25 will be made up of a new cohort many of who will have seen their friends running something successfully or where they have seen the benefits of a project.</p> <p>The taskforce activities will be youth-led and will focus on addressing the needs the young people identify in the neighbourhood.</p> <p>These are likely to include issues such as:</p> <ul style="list-style-type: none"> - Improving mental and physical wellbeing - Developing employment and enterprise skills - Inaccessible sports activities - Improving healthy eating - Improving independence skills 	3500

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<ul style="list-style-type: none"> - Building healthy relationships - Understanding diversity - Becoming open to new experiences - Improving intergenerational relationships - Improving community cohesion 	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3062	Southwark Black Parents Forum	Parents Forums	<p>Southwark Black Parents Forum (SBPF) is a network that helps facilitate initiatives and discussions, allowing for black parents to better support each other. We are here to create a safe and supportive environment for parents to thrive in Southwark “helping them to challenge the 'status quo' when it comes to addressing health inequalities, economic deprivation, and educational attainment as well as challenging systematic forms of racism in spaces parents and children may need to ultimately navigate. To date we have delivered:</p> <ul style="list-style-type: none"> — Six Black Parent Forums in Southwark and reached 1,200 beneficiaries — 18 guest speakers to share their expertise — A Black History Month exhibition which over 200 people attended — Delivered health initiatives called More VIM, More LIFE total attendees 226 which shared health advice from Southwark Council and the NHS, practical advice on nutrition and introduced attendees to different types of exercise. — Delivered Akwasidae festival total footfall was 1737. This was part of our programme to promote equality, diversity and inclusion by spotlighting Southwark's longstanding West African communities. — Recruited over 30 volunteers <p>Through positive feedback, and working with organisations with similar aims, we know there is a strong and positive appetite for our work to continue. Not only are we giving parents a safe space to voice their concerns, but we are also empowering them holistically. Our work equips black people with the tools to improve wellbeing overall, with a focus on physical and mental health. We not only challenge poor services and opportunities in health, employment, education, but provide awareness of the organisations to access to alleviate sense of despair or</p>	12700

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			confusion, often reported. All of which we've found is essential to build up social self-esteem, alongside providing tools for black parents to protect and champion themselves as well as their children and the wider	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3118	Sporting Recovery	SR Over 50 Women Wellness Programme	<p>The Sporting Recovery Southwark Over 50 Women's Wellness Programme project aims to increase self-esteem and social interactions through sporting activities and a wellness cafe. Our programme is targeted at older women in Southwark who have or have had mental health challenges. They have typically been physically inactive for a prolonged time and have high percentages of co-morbid illnesses associated with lifestyle, mental illness, and medicinal side effects. They have proven to be the most challenging group in our wellness programme.</p> <p>We have surveyed older females from the local community and health services about why they are unwilling to attend. They indicated the lack of suitable activities for women and the variety of activities. The few that have attended or would be willing to participate have similar reasons for not continuing. i.e., a lack of females attending. The surveyed group cited controlling their weight as a prime reason for wanting to attend.</p> <p>To work successfully with this group of Southwark residents over 50, we plan to provide a woman-friendly environment for the gym club. This will include a female non-contact boxing coach. We also intend to deliver women-friendly classes based on music, i.e., musical yoga and salsa dancing. The wellness cafe is essential as it provides the opportunity for social interaction, which creates a micro-community for the women.</p> <p>The activities that are to take place at the Southwark Over 50 Women's Wellness programme include;</p> <p>Non-contact Boxing</p> <p>Musical Yoga</p> <p>Salsa Dancing</p> <p>Wellness Cafe</p>	4934

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>To ensure good attendance, we intend to publicise the programme at the local job centre in Peckham. We will market across the internet, social media, and local libraries. Our Over 50 Women Wellness Programme will occur every Wednesday at the Damilola Taylor Community Centre from 1 p.m. to 4 p.m. This programme will run for 23 weeks.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3496	STEPHTOGETHER CIC	Mum and Strong	<p>The idea of setting up this group comes from the fact that STEPHTOGETHER is a group of parents with children with special educational needs. We have been providing service consistently since the 5th of March 2022 for children with SEN. During our recent survey in March 2023. It comes to our attention that Parents' and carers wellbeing was very poor and neglected, they lack confidence and have low self-esteem. As a result, they end up with isolation, depression, mental health, and many more health issues.</p> <p>We know Southwark is doing stuff for children with SEND and we appreciate it. However, parents and carers are often left out. It is clear that there are no services in Southwark that support carers as such. The aim of this project is to improve the well-being of parents and carers of children with special needs living in Southwark. The service will empower them to build their self-esteem, give them the confidence to be a role model for their children, and be able to impact the community as well as empower others in the community. Most of our parents are well educated with qualifications such as qualified social workers, nurses, and many more. Others do not have any skills. Unfortunately, all or most are not in employment. We will help them to build their confidence to go back to work or learn new skills that will enable them to achieve their goals and meet their dreams. We will provide parents/carers, with coaching and mentoring sessions to help them achieve their WHY by using simple step by step task.</p>	5000
2321	Sumner Residents Association	Coach trips - Peckham Sumner road	<p>We applied for neighbourhood fund in 2020 for this activity and was awarded money £1,800 because of COVID we couldn't do the project and never received any money so we are asking for the award from 2020 so we can take this project forward. Day trip out to bring local community together everyone welcome all age groups ethnicity and genders and religions. The Idea was to bring people together get to know each other and learn new things while having an enjoyable day out .lots of building work and anti-social activity going on in our area nice to get away from it all .</p>	2200

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3517	Sumner Residents Association	Christmas lights switch on	The project is bringing all ages' genders ethnicity and regions together. It makes the local school children feel involved by singing for the community. It is trying to achieve a wider Peckham community joy and happiness and feeling involved. The Christmas tree belongs to the whole community. Many residents can't afford their own trees at Christmas. Local businesses donate food and volunteers help out on the event serving refreshments. It's an event for the whole family.	2200
*3360	The Mayor of Southwark's Common Good Trust	Provision of essential household goods to individuals	<p>At the Mayor of Southwark's Common Good Trust (MSCGT), we are dedicated to bringing help and support to the most vulnerable members of the community in Southwark. We work to provide assistance in a variety of forms to those in need. This includes (but is not restricted to) the supply of essential household goods such as new cookers, fridges, beds, mattresses and washing machines. All goods are supplied and we do not provide any cash grants.</p> <p>Last year, we provided assistance to 27 Southwark residents and families referred to us by a range of local based providers. We need funds to continue this work and are requesting £5,000 in order that we can provide appliances to 20 people families in the East Central wards of Southwark. The availability of charitable funds in these wards are limited, with an emphasis on the north of the borough.</p> <p>A recent report 'More Than Making Do' (Association of Charitable Organisations, 2023) estimates that 480,000 households, or 1.2 million people, in the UK are living in appliance poverty. They are living without a washing machine or fridge/freezer, or both appliances that many of us take for granted. Of these, 53,000 households, or 130,000 people, are living without both a washing machine and a fridge/freezer. All too often, people living in poverty find their existing economic distress is exacerbated by not having the appliances and equipment needed to live a healthy, hygienic, safe and comfortable everyday life.</p> <p>Analysis from Pro-Bono Economics (2023) found that monetising the increase in life satisfaction of living one year with a washing machine and a fridge in the home (compared to without) can be valued at £7,200. For context, this is 21 times as large as the average size of grant made by us last year estimated at £350.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3425	The Neurodiversity Family Hub	The Neurodiversity Family Hub Membership program	<p>Our organization is dedicated to providing specialised neurodiversity clubs for children and young people, as well as expert advice, advocacy, and parental support groups. We believe that no one should be denied access to the support and resources they need due to financial constraints.</p> <p>Our organisation understands the unique challenges faced by neurodiverse children and young people, as well as their families. We offer a range of essential services: Specialised Clubs: We provide a safe and inclusive space for neurodiverse children and young people to connect, learn, and develop essential life skills.</p> <p>Expert Advice: Our team of specialists offers tailored guidance to families, helping them navigate the complexities of neurodiversity. Advocacy: We advocate for the rights and inclusion of neurodiverse individuals in schools, communities, and society at large. Parental Support Groups: We facilitate support groups where parents and caregivers can share experiences and gain knowledge from one another.</p> <p>We are seeking a grant to subsidise membership fees for low-income families and individuals on benefits from the East central Multiward. By reducing the financial burden, we aim to ensure that all individuals and families, regardless of their economic situation, can access the support they need.</p> <p>By subsidising membership fees, we expect to reach a broader and more diverse group of neurodiverse individuals and their families. This inclusivity will have far-reaching benefits, including improved well-being, increased community engagement, and better support systems for those who need it most. This grant will allow us to provide membership and additional support to in excess of 20 families for a whole year. This could be the difference in academic attainment, inclusion at school, or reduced exclusion and improvement of well-being for both children and families. We also endeavour to reduce the demand for school support required.</p>	4330

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3369	Together at Pecan	Together at Pecan (Creative Writing, Christmas Event and Salaam FC)	<p>Pecan exists to see an end to poverty in all its forms: we were created to address the most pressing needs faced by our community, but poverty is nuanced and complicated and the pressing needs expressed through the need for foodbanks, while important, is a symptom of the root causes (low income, debt, unemployment, poor mental and/or physical health, social isolation, loneliness, stigma, discrimination, lack of choice, poor housing etc.). Pecan aims to alleviate some of the symptoms so that people can survive while working holistically on the deeper issues so that people can thrive.</p> <p>Actual and perceived loneliness and social isolation have been proven to be associated with increasing early mortality rates. Research has linked social isolation and loneliness (real and perceived) to higher risks for a variety of physical and mental conditions: high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, cognitive decline, and Alzheimer's disease. The Royal College of Nursing state that Lack of social connections can increase the likelihood of early death by 26%. That risk is comparable to smoking 15 cigarettes a day and is higher than that caused by obesity and physical inactivity. (November 2022).</p> <p>The Creative Writing (CW) courses, Christmas Event and Salaam FC all provide safe spaces for people to come: an entry point to not only reducing social isolation but to begin conversations that support them to access help and information to increase income, combat debt, and find employment etc. All of this while learning a new skill (CW), gathering to celebrate, and increasing their fitness, all in social, inclusive, welcoming spaces.</p>	4870

*3230 also applied in Peckham, Rye Lane, Peckham Rye

*3383 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3564 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3550 also applied in Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3310 also applied in Peckham, Nunhead & Queens Road, Rye Lane

East Central Multi Ward NsF Applications 2024-25 list

Appendix 1

*3249 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*2286 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3626 also applied in Old Kent Road, Peckham

*3062 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3496 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3360 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3425 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3369 also applied in Peckham, Rye Lane, Peckham Rye

Ward: Rye Lane

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3015	Angels Community Hub	Angels Afterschool Club	<p>This after school club will provide healthy meals and snacks to children and young people in food insecurities in the area of high deprivation. The project would offer a safe environment, fun, and stimulating weekly activities that is open to the community for public benefit which support their intellectual, emotional, and social and development such as reading club, maths club, writing club, cooking club, multi-sports and to engage them in after school club. It will encourage vulnerable children and young people to engage in a healthy and meaningful activities in safe environment. It can also prevent young people from being recruited into gangs and potentially diminish the increasing number of children and young people who are becoming drug carriers for gangs. The demand for after school club is high. Our project is already up and running (Angels Breakfast and Afterschool Club). We currently support children and young people and families who are underprivileged, on no recourse to public fund and who are struggling with childcare cost but we require funds to continue to deliver this amazing work for the community we serve.</p>	5729

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3230	Peckham Digital CIC	Peckham Digital	<p>Peckham Digital is a festival celebrating creative computing, with a programme of interactive artworks, workshops, talks and performances run over 4 days.</p> <p>We champion access to art through technology, support emerging artists and provide a space for digital art communities to meet in person.</p> <p>We are a Peckham (South-East London) based festival and we are especially excited to be developing Peckham as a hub for digital art and creative technology, in collaboration with the CCI (a local creative computing university). We are proudly local and aim to provide creative opportunities for locals as well as attracting visitors to Peckham and the surrounding area.</p> <p>We also work closely with a wide range of cultural groups, including UAL, UCL, Goldsmiths University, Staffordshire Street, Ricebox Studios, London Creative Coding meetup, Algorithmic Art meetup and BrightBlack.</p> <p>This makes our festivals aimed at the local community, creatives and students, as well as being a magnet for wider audiences to come into the area.</p> <p>We provide a platform for emerging artists and a space for digital art communities to meet in person and have the opportunity to network.</p> <p>We collaborate with a wide range of artists, from emerging to established, with the aim of bringing people together through these networks who can learn from one another and create future collaborations as an outcome of meeting at the festival.</p> <p>We will continue hosting local primary schools, alongside UAL Tech Yard, a computing workshop for local 11-14 year olds. Our talks and exhibition are free to attend, and we focus on jargon-free accessible entry points, with attendees creating artworks from scratch that they can take away and practice at home.</p>	4566

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3383	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3405	Bold Tendencies CIC	Community Tickets - Bold Tendencies,	<p>Bold Tendencies Community Tickets strive to mitigate barriers, delivering the right to joy and appreciation of live performance through 100% subsidised tickets to our Live Events. We want to ensure our events are visible, accessible and enjoyed by all in our local community. We recognise the barriers to accessing these events such as proximity, economic disadvantage, cultural capital and knowledge of its presence.</p> <p>74% of Southwark residents have expressed a keen desire to take part in more creative and cultural activities but are barred from doing so due to lack of access and affordability. The Council's Cultural Strategy Report, 2017 found that 56% of respondents said that cheaper tickets would be an encouraging factor in engaging in arts and cultural activities. Our Live Programme showcases world-class local and international artists working across disciplines of music, spoken word, and dance including the acclaimed Philharmonia Orchestra, Peckham-raised poet Caleb Femi, musicians Isata, Jeneba and Sheku Kanneh-Mason, and The National Youth Dance Company.</p> <p>In 2023, we allocated 100 Community Tickets. The offer was promoted through our Creative Learning programme and Community Partners, targeted flyering in the area and posting on local newsletters including Community Southwark, Southwark Presents and One Southwark.</p> <p>Attending live performances offers connection with others, as well as pleasure, joy and inspiration. Community Partners such as The Nest, Morrison's and Copleston Community Centre have expressed the value in attending our event for their constituents to combat loneliness, support positive mental health and wellbeing and enrich daily lives to inspire everyday creativity.</p> <p>Equally, a local school teacher noted the value of our venue's proximity in overcoming access barriers, as most venues that showcase similar work require you to travel much further, which may be off putting or impossible for families.</p>	4965

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3391	Raven Rain Ministry Ltd	Project Esperanza	<p>Following the success of the project last year, we want to carry on Project Esperanza, a kitchen for Asylum Seeking families living in temporary accommodation, who cook their cultural food themselves and share with other families living in hostels. This project idea was born following a consultation with Spanish speaking refugee families who explained that food banks did not provide the kind of food they eat while they had no facilities and resources to cook the food they enjoy. They shared their feeling of loneliness in a country where they have no family members, no friends and expressed how stressful their living condition is and how it affects their well-being. We started with the Spanish community, but we quickly had requests from other communities such as the Sudanese, the Ethiopian and the Albanian communities who also benefit of this project.</p> <p>Thanks to this funding, Project Esperanza would continue to:</p> <ul style="list-style-type: none"> - break barriers of isolation, - provide asylum seeking families with food they like, cooking they can trust, because it is prepared by themselves. - offer a platform to socialize with other families going through similar challenges, speaking the same language, in a relaxed atmosphere. <p>Members of the Asylum seeking and refugee families cook and share a cultural meal under the supervision of volunteers with food hygiene to ensure a good standard is always maintain. The demand is increasing as other ethnic groups would like to take part. We would like to increase the delivery from once a month we did last year to twice a month. The kitchen would be open in average every other week (twice per calendar month) for 3 hours. Cooking clothing such as aprons and hair nets will be provided.</p>	£4,320

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3545	Commu TV	Commu Tv	<p>Southwark-based Comm TV is a grassroots community organization. Our project aims to engage and encourage the community to talk about local issues that affect them personally. It's our goal to create a positive impact on the next generation of southeasters and make Southwark a better place. Community members will be encouraged to communicate and find solutions together. We're a local community TV station. We do talk shows, podcasts, and street interviews. Also, we do community events like red carpet interviews for community events. We'll train teenagers to interview elders. Making a big difference in people's lives is our goal. Volunteers will be trained in photography, videography, graphic design, communication, and presentation skills by Comm TV. Editing software and interviewing the public. Through the project, we connect, collaborate, and disseminate information differently. Commu TV belongs to the people, and it's for the people. We will advocate for improving mental health and wellbeing and also cover topics on climate change. We want Southwark to be a better place to live. We will also host a show called Hidden Gems and History of Southwark which will promote Southwark's rich heritage other topics are Entrepreneurship, culture and diversity to name a few. We believe everyone can get involved in the project and we hope to bring a wide range of people together regardless of their ages. We hope to create community, cohesion, reduce isolation and loneliness. We give ears to community voices that are not usually heard or have not had the opportunity to express their experiences or concerns. We offer a peer-led approach. CommTV wants to connect the community of Southwark together throughout the project and at the end will show case our work with an event/documentary that has a creative and social output that would be a legacy for the project. Commu TV is unique and new and innovative for people in the community.</p>	4095

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3564	Connect (a partnership between In Your Corner and London Community Boxing)	Connect Peer Mentoring Pilot	<p>Since 2018, CONNECT has offered psychologically informed boxing groups for young people to improve emotional wellbeing. It has a core group offer and graduates programme and has worked with over 150 young people, with strong relationships with local targeted services (NHS CAMHS, Youth Justice, Children's Social Care). Our aim is to help young people achieve improved emotional wellbeing, connection to each other and their community. Our young people have improved their wellbeing, as well as become competitive boxers, achieved AQA educational units in boxing and completed work experience with LCB (see impact report).</p> <p>We want to develop further youth leadership opportunities in CONNECT by piloting a pathway where graduates and other local young people can train to develop skills to become young mentors, and then work with CONNECT mentees for 12 weeks, for weekly mentoring sessions.</p> <p>We want the project to:</p> <ul style="list-style-type: none"> -Support the emotional wellbeing of project mentees and mentors through 1:1 mentorship adding value to our group offer for young people. -Provide a development opportunity for local young people to become mentees, developing their skills and leadership abilities. -To promote community cohesion by supporting diverse local young people to learn and work together, whilst supporting other young people. <p>This project is a partnership between LCB and AFC. AFC have run a 2 year pilot demonstrating need for this way of working and an effective model of work. We work closely with all young people attending Connect to get feedback on project effectiveness and ideas for the future e.g. co-producing their graduates programme. They have told us they want opportunities post age 16 which can help them with employability and leadership skills. We also work closely with referring agencies to identify need and ensure we meet it (e.g. the Local Authority identified care leavers as a priority local group).</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3281	Consort Estate Tenants & Residents' Association	Community Events	<p>This funding would enable the Consort Estate TRA to hold a series of community events including: 'meet your neighbour' events for each housing block; and a Summer fete and a Winter fair for the whole estate. Events will include refreshments, entertainment for children, prize raffles and stalls.</p> <p>The aim of the project is to foster a stronger sense of community on the Consort Estate. Expected impacts include improved security and safety of residents, improved wellbeing of residents and increased resident engagement in estate matters.</p> <p>The project was agreed at the September 2023 TRA meeting following discussion of anti-social and criminal behaviour on the estate and concerns around lack of engagement from residents in identifying and tackling these issues. It was agreed that social events held across the estate would help neighbours get to know each other and generate a greater sense of ownership of and investment in the estate.</p> <p>The TRA holds regular meetings which provide opportunities for residents to meet, however this project is different because it would incentivise engagement from members of the community less likely to attend TRA meetings.</p> <p>This project would link up with the Consort Estate Community Gardening initiative which also aims to encourage a greater sense of community and improve wellbeing. The project would also link with a project to reopen the TRA Hall (which has been closed since approximately 2019) and to start using it again for community groups (homework club, exercise classes, workshops and meetings). These events could be used to raise awareness of these linked projects and the opportunities to get involved in their development.</p> <p>Set up of the project could be achieved within one month of receiving funding. It would</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			involve purchase of equipment and refreshments, creation of promotional materials and organisation of entertainment.	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3339	Copleston Centre	Keep Copleston Moving	<p>Keep Copleston Moving! will build on our well-established and thriving volunteer-supported Older People's Programme that provides stimulating and culturally varied weekly classes, including accessible seated classes for those who have become less mobile due to the ageing process or for another reason.</p> <p>We will provide 44 Caribbean Dance Exercise and Tai Chi classes (seated and standing) both delivered by qualified and experienced tutors and each of which attracts a culturally diverse population of participants.</p> <p>This funding will enable us to develop the provision of low-cost donation based affordable classes that help: Improve individual and community physical and mental well-being, Reduce isolation, Break down barriers between people of different cultural backgrounds. Build on relationships with the community and provide opportunities for signposting beneficiaries to local relevant services. These classes provide a wraparound service for our weekly seasonal social, community cafe and counselling services.</p> <p>While focusing on older people, our programme presents a welcoming approach to people of younger age groups joining in with events, activities and cafes providing valuable volunteering opportunities.</p> <p>We offer additional informal support to people with dementia by giving them an additional reminder or facilitating their involvement in activities, offering dementia-friendly walks and encouraging carers to get additional help, signposting them to our well-being classes or to support each other through shared activities.</p> <p>Our referrals from social prescribing teams have increased and include working with older</p>	4990

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			people who are experiences isolation, early stages of dementia and mental health concerns.	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3402	Destiny 2 Education	Destiny 2 Education	<p>We, a group of concerned and educated individuals, are deeply troubled by the educational disparities affecting Southwark’s children, as highlighted in the School Exclusions in Southwark report. The report reveals alarming differences in exclusion rates, with children of mixed white and black Caribbean backgrounds facing disproportionately higher rates. We run a Saturday school and it's evident that parents / carers in our community struggle to afford supplementary fees for essential sessions in Literacy, Numeracy, and IT skills.</p> <p>Southwark with significant educational inequalities, evident in the exclusion rates of different ethnic backgrounds. Children of mixed white and black Caribbean heritage, particularly in primary schools, are disproportionately affected, which perpetuates a cycle of disadvantage. Additionally, the disruption caused by the COVID-19 pandemic has widened educational disparities, leaving many children behind in their studies and possibly leading to behavioural challenges.</p> <p>Our organisation is committed to addressing these issues. We aim to empower children aged 5-14 by providing crucial academic support, mentorship, and a safe space for them. Our focus areas include enhancing their Literacy, Numeracy, and IT skills, fostering self-confidence, and instilling a growth mind-set. Furthermore, we will educate them on online safety to protect their well-being in the digital world.</p> <p>Through the D2E program, we aspire to empower Southwark’s children to excel academically and develop resilience. We anticipate that our intervention will narrow the educational gaps, improve students' academic performance, and provide a supportive environment for their growth.</p> <p>To achieve our goals, D2E seeks collaboration with local businesses, community organisations, and individuals. Through effective advertising and partnerships, we aim to create a network that supports the personal and academic development of Southwark’s</p>	10918

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>children.</p> <p>We request your support to realise our vision to help provide educational resources, mentorship, and empowerment for Southwark's children, enabling them to overcome obstacles and achieve academic success.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3073	Grove Vale Youth Club	Serving Young People In The Local Community	<p>Grove Vale youth Club is a youth service provided for children aged 3 to approximately 21 years old. We are a voluntary organisation, none of our staff are paid for the time they spend working in the youth club. We open Monday -Thursday evening, each night offered to a different age group to ensure we can provide age appropriate activities for the young people who attend. We have a large hall, a kitchen, a snooker room, table tennis room and a couple of computer games, allowing us to provide attendees with a range of activities. All children are welcome, they do not have to live in the area. The club has been running the youth club for over 70 years, recently receiving the queen's award for service to young people 3 years ago, and recognising the organisations support for youth in the local community. We nurture young people and want to help in the youth club to give opportunities for young people to access extra-curricular activities. Attendees are charged £1 per session and that in no way covers our costs, however our aim is to ensure our services are accessible to all. We are organising a trip this summer to an activity centre and will need to subsidise. All the adults that go on this trip pay the same as the children. We have had one weekend sleepover in the hall and are planning another for the teenagers in the club. we also support the community through collecting food for food banks in the local community our aims are to guide young people nurture them support them in any way we can. We do not get paid and by this it shows our commitment to the children in our local area.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3550	Holistic Well Women	Grassroots for Good Ujima Project. (Collective Work and Responsibility)	<p>The Ujima Grass Roots for Good Project - To build and maintain our community together and make our community's problems our problems and to solve them together.</p> <p>Aims to develop a group network of peer- led community leaders who will share skills and knowledge and expertise and resources and experiences for the benefit of the community by the community.</p> <p>The Ujima project aim is to solve community together. Currently there are over 3,000 unregistered and registered charities in Southwark that all doing good to make Southwark a better place and to improve the opportunity in the community.</p> <p>We will take 6 Community group leaders on a collective and Collaborative journey together we will support each other, build capacity, share experiences, resources and skills, volunteers and space. We will engage with each other in a peer support and peer led style to offer support, encouragement and inspiration and empower each other to solve community issues and problems together. By sharing skills and resources to strength each leaders organisation. Based on timebanking model. E.g. We share resources, space or fundraising skills, social media exchange.</p> <p>Core support offered will be</p> <p>Wellbeing, Coaching, Community Leaders Short Break Financial Well-being/ Fundraiser Support and Wellbeing experiences Personal Development. Skills exchange. Training.</p> <p>Collaboration working together sharing resources, supporting each other Legacy Training, building skills, building capacity. Improve wellbeing Modelling a different way story capturing evaluations (through film, podcasts, or trying something new)</p>	5300

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3467	Mental Wealth London CIC	Family Wellbeing Art Club	We would like to host drop-in art sessions for women and their families in the community to experience art for mindfulness and wellbeing during the half term and summer holidays at Peckham Levels on Rye Lane. Through our previous art clubs with both women and their children we have seen that bonding over art is a great way to strengthen relationships at home and also within the community combating isolation and providing a safe space for parents to take a break, relax and connect with their children. The overall number of people reporting mental health problems has been going up in recent years according to a recent report by Mind UK, the number of young women reporting common mental health problems specifically has been going up. A known common cause of mental health challenges is facing social inequality and disadvantage. There is a need for opportunities for individuals to invest in their emotional wellbeing, to relax and escape from the daily pressures of life. Our Wellbeing Art Club is beginner friendly and we provide all of the art supplies for each session to ensure that everyone can participate regardless of their social or economic background.	4044
*3310	Nunhead Art Trail	Nunhead Art Trail Private and public venues -	The Nunhead Art Trail is an opportunity for artists / performers and craft people of all ages and ethnicities to show their work in their own homes and institutions / community venues under the umbrella and guidance of experienced artist volunteers. The event takes place over one weekend in September. It has huge benefits not only to the artists but also to the people of Southwark as visitors to the Trail, giving a chance to enrich their lives by experiencing many varied art forms for free. It is a great opportunity to meet people, make new contacts and discover parts and aspects of the community previously unknown. The artists participating are from a wide range of backgrounds ranging from amateur to professionals, from young to old, from all corners of the world - this gives them an opportunity to show their works to a wide range of individuals. This is a great opportunity for people of Southwark to involve themselves in the creative world in a more accessible way than the classic London galleries. Prior to the pandemic the Art Trail ran annually. This year, a new group of volunteers picked it back up again and organised a successful Trail involving 50-100 individual and group participants. Neighbourhoods Funding would be used to repeat and expand on this success, allowing the Trail to grow back to the level	5230

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>of participation and community impact it had before the pandemic. Funding would allow a wider reach to the public through enhanced publicity and would reduce the registration fee, making it more accessible for local artists.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3249	Peckham and Nunhead Free Film Festival	Peckham and Nunhead Free Film Festival 2024	<p>Through festival meetings, Southwark residents have told our team that they are worried about rising costs and are looking to cut back on their social activities as the rising cost of living is leaving tight budgets.</p> <p>Free events such as Peckham and Nunhead Free Film Festival are needed more than ever. We want to show that residents can still have a social life and continue to enjoy entertainment without breaking the bank. Our free SE15 events are accessible to everyone in the community.</p> <p>Peckham and Nunhead Free Film Festival is as much about community as it is about film. Using the power of film to cross boundaries, raise awareness and bring people together. The festival is entirely run by volunteers with a commitment to the SE15 area. There are countless ways for new local volunteers to get involved in the actual running of the festival throughout the year- Even helping out with the smallest tasks can make a real difference to their own self-esteem and to the lives of people in Southwark.</p> <p>Our diverse events allow people to discover new community venues and resources too, watch a film in a park, shop, or community space is an opportunity to experience venues in new ways, and to celebrate SE15. We highlight venues and link with TRAs to screen films and coproduce events.</p> <p>Our aims are:</p> <ul style="list-style-type: none"> - Community cohesion: bringing together a wide range of local residents and local groups (reflecting the diverse demographic of the area) through film screenings - Skills development: run projection workshops and film making - Intergenerational working: bringing together people of different ages with a shared interest in films <p>- Support local film making talent: We provide opportunities for filmmakers to reach wider audiences</p>	10295

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3527	Peckham Festival CIC	Peckham Festival	<p>Peckham Festival is a free annual arts event celebrating the creative & cultural diversity of Peckham, whilst simultaneously providing a promotional and supportive platform for local businesses and creatives.</p> <p>Attracting up to 20K visitors & 500 creatives yearly in over 50 venues, the event builds community cohesion via participation; supports local businesses, charities and community groups and promotes emerging artists and musicians. Urban spaces are transformed into galleries and workshops.</p> <p>We adapt each year dependent on funding as well as feedback from the community, however the usual programme includes open studios, community hubs with workshops and information stalls, a festival stage, music, dance, film and theatre performances, exhibitions and talks.</p> <p>Our inclusivity ensures that there is a cross section of the community represented which includes local churches; LGBTQ+; families; schools; young people and those from BAME communities.</p> <p>The benefits are: Provides a safe and friendly platform to launch new activities/businesses.</p> <p>Greater exposure to free and accessible local arts and culture in a safe, friendly and informal space.</p> <p>Opportunities to learn new skills and information through workshops and talks.</p> <p>Opportunity for makers/creatives to display and sell artwork.</p> <p>Opportunity for local musicians/performers to have paid performances and for emerging</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>talents to be recognised.</p> <p>Each year we set up a Community Hub - a dedicated space for local cultural community performances with an emphasis on the African-Caribbean diaspora.</p> <p>Free fitness activities including yoga, skateboarding, boxing and running.</p> <p>Development of skills, confidence and experience through our Festival volunteer programme (young adolescents and adults).</p> <p>Provides local economic boost to small businesses and hospitality in the year (20,000 visitors).</p> <p>Enables creatives to network and collaborate.</p> <p>Free mental health & wellbeing workshops.</p> <p>Opportunities to learn new skills through workshops.</p> <p>Our Copeland Gallery curator open-call offers local emerging curators/artists the opportunity to curate an exhibition with funding.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
2286	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Nunhead and East Dulwich that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Belham - Bellenden - Hollydale -Ivydale - John Donne - Rye Oak - St Francesca Cabrini - St Mary Magdalene <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Harris Girls' Academy East Dulwich (Jan-Apr) and the new cricket facilities at Peckham Rye Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus,</p>	5200

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds. It will also help to build a relationship with Streatham & Marlborough Cricket Club, where the project aims to signpost children to from 11 years old onwards.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3532	South London Gallery	SLG Flavour Cravers cooking sessions	<p>Working with local chefs and home cooks across global cuisines, Flavour Cravers proudly champions the rich cultural diversity of Peckham and Camberwell, promotes healthy eating, and, by thinking about how the food on our plates gets there, grows our awareness of food sustainability and environmental impact. The programme offers free, monthly cooking sessions for local children and young people aged 5-16. Through the hands-on sessions, young people gain practical skills on preparing meals, learn about food safety and healthy eating, as well as experience new tastes from across global food cultures.</p> <p>Flavour Cravers is a much-needed resource in the area we work in. The area has high rates of children in poverty, with the families we work with being acutely affected by the cost-of-living crisis; young people have a higher prevalence of poor mental health than the rest of the country; and the area has some of the highest levels of childhood obesity. Flavour Cravers provides a place to connect, with enjoyable cooking activities that are beneficial for mental health and wellbeing. There is a strong focus on healthy eating and nutrition, helping to tackle childhood obesity in the area, and sessions will respond to the young people's concerns about the cost-of-living crisis. Through the fun and informative sessions, local cooks and chefs will share knowledge and skills on preparing low cost, healthy meals on a budget.</p> <p>Participants in the sessions will be children and young people who live locally, with many joining from the housing estates that neighbour the SLG. Previous sessions have been led by restaurants Chubby Dumplings, Bears Dough, Electric Future Foods, Persepolis, Ganapati, Kingston Kagali, Spring Community Hub, and local chefs Farah Hamid, Mandla Moyo and Marco Donadon.</p> <p>See recipes and stories from the project so far on our YouTube channel:</p> <p>https://www.youtube.com/playlist?list=PL6vAQz89G7IYZI7K3UtPzizn3HylaI2LL https://www.youtube.com/playlist?list=PL6vAQz89G7IZBBbZWIHRZ9y7c8b8dITi5</p>	5256

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3062	Southwark Black Parents Forum	Parents Forums	<p>Southwark Black Parents Forum (SBPF) is a network that helps facilitate initiatives and discussions, allowing for black parents to better support each other. We are here to create a safe and supportive environment for parents to thrive in Southwark “ helping them to challenge the 'status quo' when it comes to addressing health inequalities, economic deprivation, educational attainment as well as challenging systematic forms of racism in spaces parents and children may need to ultimately navigate. To date we have delivered:</p> <ul style="list-style-type: none"> — Six Black Parent Forums in Southwark and reached 1,200 beneficiaries — 18 guest speakers to share their expertise — A Black History Month exhibition which over 200 people attended — Delivered health initiatives called More VIM, More LIFE total attendees 226 which shared health advice from Southwark Council and the NHS, practical advice on nutrition and introduced attendees to different types of exercise. — Delivered Akwasidae festival total footfall was 1737. This was part of our programme to promote equality, diversity and inclusion by spotlighting Southwark’s longstanding West African communities. — Recruited over 30 volunteers <p>Through positive feedback, and working with organisations with similar aims, we know there is a strong and positive appetite for our work to continue. Not only are we giving parents a safe space to voice their concerns, but we are also empowering them holistically. Our work equips black people with the tools to improve wellbeing overall, with a focus on physical and mental health. We not only challenge poor services and opportunities in health, employment, education, but provide awareness of the organisations to access to alleviate sense of despair or confusion, often reported. All of which we've found is essential to build up social self-esteem, alongside providing tools for black parents to protect and champion themselves as well as their children and the wider</p>	12700

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3496	STEPHTOGETHER CIC	Mum and Strong	<p>The idea of setting up this group comes from the fact that STEPHTOGETHER is a group of parents with children with special educational needs. We have been providing service consistently since the 5th of March 2022 for children with SEN. During our recent survey in March 2023. It comes to our attention that Parents' and carers wellbeing was very poor and neglected, they lack confidence and have low self-esteem. As a result, they end up with isolation, depression, mental health, and many more health issues.</p> <p>We know Southwark is doing stuff for children with SEND and we appreciate it. However, parents and carers are often left out. It is clear that there are no services in Southwark that support carers as such. The aim of this project is to improve the well-being of parents and carers of children with special needs living in Southwark. The service will empower them to build their self-esteem, give them the confidence to be a role model for their children, and be able to impact the community as well as empower others in the community. Most of our parents are well educated with qualifications such as qualified social workers, nurses, and many more. Others do not have any skills. Unfortunately, all or most are not in employment. We will help them to build their confidence to go back to work or learn new skills that will enable them to achieve their goals and meet their dreams. We will provide parents/carers, with coaching and mentoring sessions to help them achieve their WHY by using simple step by step task.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3360	The Mayor of Southwark's Common Good Trust	Provision of essential household goods to individuals	<p>At the Mayor of Southwark's Common Good Trust (MSCGT), we are dedicated to bringing help and support to the most vulnerable members of the community in Southwark. We work to provide assistance in a variety of forms to those in need. This includes (but is not restricted to) the supply of essential household goods such as new cookers, fridges, beds, mattresses and washing machines. All goods are supplied and we do not provide any cash grants.</p> <p>Last year, we provided assistance to 27 Southwark residents and families referred to us by a range of local based providers. We need funds to continue this work and are requesting £5,000 in order that we can provide appliances to 20 people families in the East Central wards of Southwark. The availability of charitable funds in these wards are limited, with an emphasis on the north of the borough.</p> <p>A recent report 'More Than Making Do' (Association of Charitable Organisations, 2023) estimates that 480,000 households, or 1.2 million people, in the UK are living in appliance poverty. They are living without a washing machine or fridge/freezer, or both appliances that many of us take for granted. Of these, 53,000 households, or 130,000 people, are living without both a washing machine and a fridge/freezer. All too often, people living in poverty find their existing economic distress is exacerbated by not having the appliances and equipment needed to live a healthy, hygienic, safe and comfortable everyday life.</p> <p>Analysis from Pro-Bono Economics (2023) found that monetising the increase in life satisfaction of living one year with a washing machine and a fridge in the home (compared to without) can be valued at £7,200. For context, this is 21 times as large as the average size of grant made by us last year estimated at £350.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3425	The Neurodiversity Family Hub	The Neurodiversity Family Hub Membership program	<p>. Our organization is dedicated to providing specialised neurodiversity clubs for children and young people, as well as expert advice, advocacy, and parental support groups. We believe that no one should be denied access to the support and resources they need due to financial constraints.</p> <p>Our organisation understands the unique challenges faced by neurodiverse children and young people, as well as their families. We offer a range of essential services: Specialised Clubs: We provide a safe and inclusive space for neurodiverse children and young people to connect, learn, and develop essential life skills.</p> <p>Expert Advice: Our team of specialists offers tailored guidance to families, helping them navigate the complexities of neurodiversity. Advocacy: We advocate for the rights and inclusion of neurodiverse individuals in schools, communities, and society at large. Parental Support Groups: We facilitate support groups where parents and caregivers can share experiences and gain knowledge from one another.</p> <p>We are seeking a grant to subsidise membership fees for low-income families and individuals on benefits from the East central Multiward. By reducing the financial burden, we aim to ensure that all individuals and families, regardless of their economic situation, can access the support they need.</p> <p>By subsidising membership fees, we expect to reach a broader and more diverse group of neurodiverse individuals and their families. This inclusivity will have far-reaching benefits, including improved well-being, increased community engagement, and better support systems for those who need it most. This grant will allow us to provide membership and additional support to in excess of 20 families for a whole year. This could be the difference in academic attainment, inclusion at school, or reduced exclusion and improvement of well-being for both children and families. We also endeavour to reduce the demand for school support required.</p>	4330

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3369	Together at Pecan	Together at Pecan (Creative Writing, Christmas Event and Salaam FC)	<p>Pecan exists to see an end to poverty in all its forms: we were created to address the most pressing needs faced by our community, but poverty is nuanced and complicated and the pressing needs expressed through the need for foodbanks, while important, is a symptom of the root causes (low income, debt, unemployment, poor mental and/or physical health, social isolation, loneliness, stigma, discrimination, lack of choice, poor housing etc.). Pecan aims to alleviate some of the symptoms so that people can survive while working holistically on the deeper issues so that people can thrive.</p> <p>Actual and perceived loneliness and social isolation have been proven to be associated with increasing early mortality rates. Research has linked social isolation and loneliness (real and perceived) to higher risks for a variety of physical and mental conditions: high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, cognitive decline, and Alzheimer's disease. The Royal College of Nursing state that Lack of social connections can increase the likelihood of early death by 26%. That risk is comparable to smoking 15 cigarettes a day and is higher than that caused by obesity and physical inactivity. (November 2022).</p> <p>The Creative Writing (CW) courses, Christmas Event and Salaam FC all provide safe spaces for people to come: an entry point to not only reducing social isolation but to begin conversations that support them to access help and information to increase income, combat debt, and find employment etc. All of this while learning a new skill (CW), gathering to celebrate, and increasing their fitness, all in social, inclusive, welcoming spaces.</p>	4870

*3015 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3383 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3405 also applied in Peckham, Rye Lane, Peckham Rye

East Central Multi Ward NsF Applications 2024-25 list

Appendix 1

*3391 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3564 also applied in Peckham, Nunhead & Queens Road, Rye Lane

*3339 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3402 also applied in Peckham, Rye Lane, Peckham Rye

*3073 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3310 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3249 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3527 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3062 also applied Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3496 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

Ward: Old Kent Road

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3571	Activities 4 U	Women and Girls Basketball Programme	<p>The proposed programme is aimed at girls and women who are disengaged from sports and regular physical activity, we want to introduce a project that uses basketball to motivate and re-engage them in an active lifestyle. Providing equal access and opportunity for disadvantaged women and girls to participate in sports is fundamental for individuals whose life opportunities are limited, more specifically for those experiencing the physical, mental and social effects of poverty. We recently carried out a focus group and quantitative surveys with 35 of our target beneficiaries, 98% of those asked felt there were not enough female-only sports sessions in Southwark and a staggering 80% felt that this was a barrier to participating in sports.</p> <p>Our focus groups highlighted the importance of identifying the different needs of women and girls participating in physical activity, such as girls losing interest in sport and dropping out around the age of puberty and periods being a barrier to participation in sport with many feeling unprepared for their changing emotions. To help combat this we will provide free period products in the ladies changing rooms during session days, create a network of support by encouraging women and girls to work as a team during session drills to help develop and establish new friendships and by creating an innovative, fun programme for shared experiences.</p> <p>We will deliver two one-hour sessions a week for 30 weeks for all abilities. These sessions will prioritise inclusiveness, building social relationships and preventing social isolation with the activities shaped by the participants themselves. The programme will be led by all-female coaches A major element of this project is to provide affordable and accessible exit routes from this project either with ourselves or at other local sports clubs. This is to ensure regular physical activity is maintained after.</p>	6190

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3008	Astley & Cooper Tenants Residents Association Ccommunity TRA	Family Fun Day - Old Kent Road	<p>Summer Fun day events are a great way of bringing people together. This proposal will develop our project by bringing on the strong relationship between our residents, our aim is to promote the event through bringing of tenants and residents together. Also, to promote facilities for recreation and to encourage a community spirit Our resident has benefited from this last year Fun day event that hold on Saturday 29rd of July 2023 involve different activities for children and adults attract more than 250 people in the estate including vulnerable. The measurement of our achievement will be done through the evaluation which was being carry out on the Fun day event to see how successful of the promotion plan where been judged by attendance during the event.</p> <p>There were feedback forms handed out and completed on the day from which we would measure on how effective the advertising campaign was successfully. A regular newsletter and communicate through estate WhatsApp group. and produce leaflets advertising of all our event which we post through every door step on the estate ensuring that everybody knows what`s happening on the estate. There was a review meeting post-event with committee team performed further evaluation. Resident from the estate comment that: "The family fun day is always a great event that bringing people. Together in diverse It's wonderful to see the community coming back together - the more people the better"</p>	3590

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3468	Ballers Academy	Walking Sports, Mobility & Bingo	<p>Ballers Academy is committed to expanding its positive impact of providing free weekly walking sports, mobility and Bingo activities tailored to older individuals at The Links Community Centre, a programme currently receiving crucial funding from United St Saviours which ends 31st March 2024. This initiative consistently draws a devoted group of 20 participants, all aged 70 or older, who eagerly gather every Wednesday afternoon for an invigorating 2-hour session. Beyond the physical activity, these weekly sessions serve as a catalyst for unity among older people from diverse backgrounds. Importantly, they provide invaluable support to those facing additional challenges, such as limited mobility, mental health concerns, or dementia.</p> <p>This noble endeavour aims to combat stress, alleviate isolation, and mitigate the loneliness experienced by many seniors. Through these engaging activities, older individuals are offered the vital opportunity to cultivate new social connections. Moreover, the programme extends a supportive hand to those dealing with two or three persistent long-term health conditions, including dementia, mental health issues, limited mobility, and individuals leading predominantly sedentary lives, thus contributing significantly to their overall well-being.</p> <p>The programme is not just about exercise; they are about fun, cognitive engagement, and the development of balance and hand-eye coordination. This all-encompassing approach presents a lifeline for individuals who might otherwise remain inactive, feeling disengaged from their local community.</p> <p>The array of activities before playing Bingo include cricket, bowling, basketball, and other enjoyable ball games incorporating throwing, catching, and striking the ball techniques. Importantly, these weekly sessions offer a crucial respite, particularly for those caring for</p>	4800

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>loved ones with dementia, providing a well-needed break during their otherwise demanding week.</p> <p>These sessions are open to all and can be accessed both independently and through referrals, ensuring that they remain an inclusive and accessible resource for all who can benefit.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3383	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3548	Bizzie bodies CIC	Youth Multimedia Health ProjectThank	<p>The project at hand is a multifaceted initiative designed to empower young residents in a specific ward. It focuses on enhancing their video and photography skills with a specific emphasis on health, nutrition, and sports. This endeavour is indispensable in the digital age, equipping young people with the ability to communicate, engage, and advocate effectively.</p> <p>The project's significance lies in several key aspects. It not only equips the youth with valuable multimedia skills but also promotes personal well-being and healthier lifestyles. This is achieved through the collaboration of a chef, photographer, and videographer, providing a holistic approach to education. The chef imparts knowledge about nutrition and meal preparation, the photographer enhances visual storytelling skills, and the videographer imparts the art of creating impactful videos.</p> <p>The project engages two distinct age groups: 7 to 12-year-olds and 13 to 17-year-olds, recognizing the differing needs and interests of children and teenagers. By offering tailored programs during term time and half terms, it ensures that participants receive age-appropriate content and instruction, maximizing engagement and learning.</p> <p>Moreover, the project leverages the power of digital platforms. The content created by the participants can be shared online, extending its reach and impact. However, it also addresses the importance of online risk safety, educating young individuals about responsible online behaviour, protecting their digital identities, and promoting a safer digital environment.</p> <p>In summary, this initiative is aimed at nurturing the personal and professional growth of young residents, fostering healthier living, and promoting responsible digital engagement. It embodies a comprehensive approach to education and community development, ultimately benefiting the well-being of the chosen ward's residents.</p>	4850

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3552	Bizzie Bodies CIC	Empowering Minds and Community: A Journey of Growth	<p>The proposed project is a comprehensive initiative designed to empower residents in our selected ward, with a particular focus on young individuals. During a visit to our twin city in France, participants will create a documentary encompassing media skills, culinary and healthy workshops, gardening activities, and sports engagement. This multifaceted project addresses essential aspects of our community's well-being.</p> <p>Foremost, it provides a practical avenue for participants to apply and enhance their media skills, bridging the gap between knowledge and hands-on experience in the digital age.</p> <p>Moreover, culinary and healthy workshops are integrated, offering nutritional awareness and cooking skills. These workshops promote health-conscious living, emphasizing the importance of nutrition.</p> <p>Gardening activities foster a deeper connection with the environment, promoting environmental consciousness and sustainable practices, aligning with global efforts to protect our planet.</p> <p>The project promotes an active lifestyle through sports engagement, encouraging physical and mental well-being, which is crucial in an era of sedentary living.</p> <p>In conclusion, this project is a holistic approach to empower our community's residents, focusing on young individuals. By incorporating media skills, culinary and healthy workshops, gardening activities, and sports engagement, it addresses a wide range of needs within our community, including skill development, health awareness, environmental consciousness, and the promotion of an active lifestyle. The resulting documentary will serve as an inspirational testament to participants' experiences and foster a broader adoption of health-conscious and sustainable living practices within our community.</p>	2706

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
2087	Bonamy and Bramcote	Community Fun Day	<p>To bring the community together and show the community what the Tenants and residents committee are doing, from food banks to panto, coffee mornings bingo Wednesday, hot food hub cost of living food bank,</p> <p>training courses, since covid so many people have stop getting involved, and it would be lovely to get everyone out on the estate doing fun things, from playing football, bouncy castle face painting stalls food music and lots more .</p> <p>family coach trip as many family can't afford to go on holiday and having a day out by the sea free of charge will help them escape the day to day, normal living and show them some fun, as the cost for a family to go out for the day, some family may not be able to afford this so by providing a free trip for them, can help with their well-being and mental health</p> <p>senior coach trip a lot of our seniors have become isolate since covid and feel afraid to go out on their own on transport by providing a coach to take them out for the day and maybe even provide an ice-cream or 2 for them it can also help with the well-being and mental health.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3223	Bonamy and Bramcote	Community Fun day plus 2 coach trips	To bring all the community together with loads of fun actives, including, games bus, bouncy castle, face painting fun fair rides, stalls, Millwall football club, Local fire station, local community police, prize bingo free food and drinks, and lots more as since covid the community have found things hard some people have become isolated, we have been getting more and more people involve and have new younger committee members that want to try out new idea's. a coach trip out id always well received, and it comforting for people that may have mobility issue or other health issue to get out for the day with a change of location, by doing 2 trips out 1 early in the season and the 2nd one towards the end give everyone a chance to go as we have a list of people that would like to go and when the coach is full they will get a chance to go next time so no-one is left out. and it gives people something to look forward to	5000
3300	Caroline Gardens TRA	Summer Party 2024	Many residents on our estate are elderly, isolated, disadvantage and vulnerable. The aim is to get residents out of their houses to socialise with each other and to have a good time. Many residents live alone on a low fixed income. Living alone without regular social interaction carries with it isolation and with that comes alienation and a decline in overall well-being. The party will provide an inviting, warm and friendly environment so resident does not feel left out. This will give residents the opportunity to get together to enjoy themselves and have a wonderful time.	1800

<p>3463</p>	<p>Amplify Arts Project CIC</p>	<p>Amplify Minds Project</p>	<p>The chosen ward faces complex challenges, particularly among its young residents who have dealt with social exclusion, gang involvement, peer pressure, family issues, and isolation. This music project is designed to address these pressing issues and create a brighter future for the community.</p> <p>Project Objectives:</p> <p>This initiative seeks to provide young individuals who have faced these challenges with a constructive outlet. By focusing on music, the project aims to achieve the following:</p> <p>Youth Empowerment: The project empowers young people by offering music training, DJ workshops, and event management skills, boosting their self-confidence and employability for a brighter future.</p> <p>Community Building: It addresses social exclusion and isolation by organising music events and activities that create a sense of community, allowing residents to connect and support one another.</p> <p>Resilience against Peer Pressure: Music provides a healthy alternative to negative influences, diverting the attention of young people away from harmful associations and toward personal growth.</p> <p>Conflict Resolution: Music and creative expression serve as therapeutic outlets for coping with family and personal problems, helping individuals resolve conflicts constructively.</p> <p>Inclusion of All Ages: While primarily focusing on youth, the project includes residents of all ages, promoting intergenerational bonds and mentorship.</p> <p>Benefits for Ward Residents:</p>	<p>3168</p>
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			<p>This project offers hope and positive change for the ward's residents. It empowers young people who have faced social exclusion, peer pressure, family difficulties, and isolation, enabling them to contribute positively to the community. Simultaneously, it fosters unity among all residents, creating a safer, more supportive, and culturally enriched environment in the ward. The project offers an opportunity for lasting change, ensuring that everyone in the ward benefits from a vibrant, empowered, and connected community.</p>	
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Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3564	Connect (a partnership between In Your Corner and London Community Boxing)	Connect Peer Mentoring Pilot	<p>Since 2018, CONNECT has offered psychologically informed boxing groups for young people to improve emotional wellbeing. It has a core group offer and graduates programme and has worked with over 150 young people, with strong relationships with local targeted services (NHS CAMHS, Youth Justice, Children's Social Care). Our aim is to help young people achieve improved emotional wellbeing, connection to each other and their community. Our young people have improved their wellbeing, as well as become competitive boxers, achieved AQA educational units in boxing and completed work experience with LCB (see impact report).</p> <p>We want to develop further youth leadership opportunities in CONNECT by piloting a pathway where graduates and other local young people can train to develop skills to become young mentors, and then work with CONNECT mentees for 12 weeks, for weekly mentoring sessions.</p> <p>We want the project to:</p> <ul style="list-style-type: none"> -Support the emotional wellbeing of project mentees and mentors through 1:1 mentorship adding value to our group offer for young people. -Provide a development opportunity for local young people to become mentees, developing their skills and leadership abilities. -To promote community cohesion by supporting diverse local young people to learn and work together, whilst supporting other young people. <p>This project is a partnership between LCB and AFC. AFC have run a 2 year pilot demonstrating need for this way of working and an effective model of work. We work closely with all young people attending Connect to get feedback on project effectiveness and ideas for the future e.g. co-producing their graduates programme. They have told us they want opportunities post age 16 which can help them with employability and leadership skills. We also work closely with referring agencies to identify need and ensure we meet it (e.g. the Local Authority identified care leavers as a priority local group).</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3556	Excel	Peer Training / Personal development	<p>Excel's Objective and Aim is to Empower Choice - Empowering our clients to make informed choices Designed to build and boost self-confidence and self-awareness in participants</p> <p>Bring clarity and depth to the participant's choices, actions and goal-setting</p> <p>Help clients express who they are in the world!</p> <p>Support participants to better connect their lives with their priorities</p> <p>To develop the skills and tools to support others and facilitate programmes/ mentor others in the Community</p> <p>Remove Inequality of Opportunity by offering Training, Coaching, Personal Development and Mentoring Services and Support</p> <p>Enable Social Participation and reduce isolation</p> <p>Through the project, we aim to deliver a 12-week programme and offer support which aims to help individuals to identify their own positive attributes and strengths and learn new skills and then be able to further develop these skills and their confidence as peer facilitators and to support others in the community</p> <p>Develop the skills and training to be able to support others in the community and become Peer Facilitators/ Leaders -</p>	5300

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3097	Faith Womens Community UK	Free Cut & Sewing/Design Taloring Classes@ OKR -	<p>The project will continue empowering and educating all participants that attending the training from the community diverse and help them build their confidence and self-esteem in creative design and aim to support the residents through tacking with the unemployed and creating self-independent work</p> <p>The project will be done through various workshop sessions in diverse groups and this will be communicated with the local resident's involvement who are very keen of having this free sewing session</p> <p>Especially women groups and the BAME community to educate them to be more independent of hand-working design Also, encourage residents' active participation in improving their health and well-being through active workshops and more creative thinking skills The project will continue empowering more residents through free weekly sewing workshop session and the achievement of being independent and self-management on their own Also, ensuring people understand the purpose of getting the skills their needs to be their own active using their old stuff and turning into the new design and saving the environment through clothing recycling designer and allowing more participants and over 79 women and girls and over 50 kids has benefited from the sewing project</p>	3551

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3220	Family Space	Young Space	<p>The program will deliver free multi-sport sessions every Saturday for 48 weeks of the year for approximately 60 children ages 6 to 13. The project focuses on all vulnerable and at-risk children and their families in Old Kent Road Ward. Concentrate on The Latin American community to help integrate, achieve their potential and improve their well-being while adapting to the significant changes in their lives. Also, the sport will be used to improve their English. During these three years, Young Space has achieved diversity, inclusion, and equity as a Principle, so all families are welcome.</p> <p>Family Space will teach them character building as well as life and leadership skills, with a strong emphasis on valuing and respecting the unique differences of every person and being part of a diverse society to create a friendly relationship and positive environment through free weekly multi-sports such as football, basketball, boxing, and dance, using Ledbury and Friary State pitches. Also, Young Space will run multisport sessions to increase the number of young females involved in the projects.</p> <p>Multi-sport sessions have the advantage of being led by other young (over 19) and adult residents, which makes it easier for participants to identify with their coaches, so coaches act as models for the younger ones. Another part of this project is that Young Space's volunteers will have the opportunity to obtain the Coaching qualification and gain experience. We have successfully empowered young and adults to become leaders.</p> <p>The project's primary purpose is to eliminate the barrier between people with different backgrounds, help them join the community and create a good neighbourhood. The project will generate more outcomes for children and their families, such as steering clear of the use of drugs and alcohol and avoiding the pressures of gangs and healthy lifestyles</p>	4764

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3488	Family Space	Women Space	<p>The Woman Space will deliver Yoga and Fitness sessions with crèche on Saturday for 48 weeks of the year for approximately 25 women. The project focuses on all vulnerable and at-risk single moms in Old Kent Road Ward. Concentrate on Latin American women to help them integrate, which will give them emotional support and increase their self-esteem, social relationships and well-being while adapting to the significant changes in their lives. Also, the sport will be used to improve their English. Family Space has achieved diversity, inclusion, and equity as a Principle, so all families are welcome.</p> <p>According to the National Institutes of Health, scientific evidence shows that yoga supports stress management, mental health, mindfulness, healthy eating, weight loss and quality sleep. Family Space believes everyone must have the same opportunities and access to increase their well-being and mental health.</p>	2668

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3262	God Community Help	Skill-sharing Workshops for Community Empowerment	<p>The Skill-sharing Workshops project aims to create a vibrant, inclusive community hub where residents can come together to share their expertise, learn new skills, and build meaningful connections. In an increasingly diverse society, the project addresses the need for fostering unity and understanding among residents from various backgrounds. Why It Is Needed: Southwark is a diverse community with residents representing a wide array of cultures, ages, and socioeconomic backgrounds. However, this diversity often leads to social fragmentation and a lack of cohesive community identity. The Skill-sharing Workshops project is crucial to bridge these gaps. It provides a platform where skills, hobbies, and talents are exchanged freely, promoting mutual respect, understanding, and cooperation among the residents. Benefits to Southwark Residents: Community Cohesion: By encouraging interaction and collaboration, the project fosters a sense of belonging and unity among residents, regardless of their backgrounds. Empowerment: Residents have the opportunity to both teach and learn, empowering them with new skills. This empowerment enhances their confidence and self-esteem, positively impacting their overall quality of life. Cultural Exchange: The workshops celebrate the rich cultural diversity within Southwark. Participants gain insights into various traditions and customs, fostering cultural appreciation and tolerance.</p> <p>The workshops create a supportive environment where residents can form social connections, share experiences, and find emotional support, strengthening the community's social fabric.</p> <p>Lifelong Learning: The project promotes continuous learning, encouraging residents to engage in lifelong education. This culture of learning contributes to personal growth and community development.</p> <p>In summary, the Skill-sharing Workshops project is a vital initiative tailored to the specific needs of Southwark area. By promoting community engagement, skill development, and cultural understanding, it enriches the lives of its residents, creating a more cohesive, empowered, and harmonious local community.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3264	Harry Lamborn Tenants Association	Get involved in social activities & improve wellbeing	<p>The proposal is to run 30 arts and crafts sessions with 12 places available.</p> <p>Themes will include mug painting, bowl making, exploring complementary colours and watercolour and bookbinding, pot painting, and taking inspiration from their lives. There will be an opportunity to have a stroll in the grounds and they will be encouraged to be mindful and to take strolls in nature locally. In the better weather, they will be encouraged to take photos on their smartphones to inspire their art.</p> <p>Also, we are planning to buy a bingo machine and we going to have a weekly bingo session.</p> <p>Weekly group exercise on ball tossing games and musical ball games, for the elderly residents who are less active.</p> <p>Members will be encouraged to pursue creative interests between sessions at home to relieve isolation and loneliness. In time some members will find a new hobby.</p> <p>We do not have art materials at the scheme so would require a budget for low-cost project materials the residents can take home on completion. The materials will be stored at HL and photographed to evidence their work</p>	18060

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3077	I-Cheon Academy	Little Warriors	<p>We started the 'Little Warriors Program' in May this year to benefit children from Unwin & Friary Estate and reach out to the Peckham community. With this funding, we can offer this program twice weekly and run 1-hour x 2-hour sessions on Tuesday & Friday for 26 weeks. The Unwin and Friary Estate is home to many people living below the poverty line, with a lot of families relying on Food Bank. For the youth of Unwin & Friary struggling with an increase in depression and anxiety, Neighbourhood Fund LW is a much-needed program to enrich the lives of Unwin & Friary youth. With this continuation fund, we aim for a minimum of 25 kids and a maximum of 36 people to take part in these sessions. As part of funding from I-Cheon Academy, we would make available head, groin, and body protectors. Also, we have purchased exciting training equipment such as Parachutes, agility hoops, skipping ropes, swords & shields, and punching and kicking pads. These are required to help student practice their skills safely. LW has great support from the community and training for at-risk youth. Martial arts skills to help youth aged 2 to 14 to develop. Enables children to explore and share their love of the martial arts and special needs children. On average, every two children are born with much-needed support. Attitude Change anger management and non-violent conflict resolution. The project will teach teamwork, the activity we do is the key to developing the ability and creativity to develop the vital life skills of concentration. To develop confidence and increased self-esteem. The challenge is how to get your child to interact with other children at a young age. Which is an excellent way for them to develop their self-image.</p>	3000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3436	Just Give	Fighting against hidden disability discrimination	The problem is trying to empower local community young people who are struggling with hidden disabilities	10100

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3316	Link Age Southwark	Gentle Exercise	We have been running a gentle exercise group in Harry Lamborn House, which is a sheltered housing unit, for a number of years. The group is for residents of Harry Lamborn House and non-residents. The group runs on a weekly basis and is led by one of our specialist tutors. The tutor adapts the group to ensure that those with complex health needs and/or mobility needs are able to attend and join in with the exercises. The group offers older people the opportunity to socialise with their peers whilst also carrying out physical activity that will help them to feel better both physically and in terms of their mental wellbeing. Sheltered housing units are often quite lonely environments with residents spending long periods of time in their room on their own. The group provides them with an opportunity to meet with other Harry Lamborn residents as well as people who come in from outside. The group gives them the chance to interact with our volunteers and staff as well as the tutor who runs the group. Friendships are often formed as a result of attending the group and people are motivated to come by the opportunity to spend time with others. For many the group will be one of the main reasons that they choose to leave home or to leave their room on a weekly basis and to carry out some proper exercise under the careful supervision of a qualified tutor. Those who attend the group who are non-residents all live locally to Harry Lamborn. We provide taxis for those whose mobility would otherwise prevent them from attending. Most of those who attend live in Harry Lamborn or the ward with others attending from neighbouring wards.	3216
3328	London City Runners	Parents and toddlers classes	We have already had two sessions where toddlers from 3 months to 3 years are looked after by BB Broadway. The children play instruments and sing songs and have matts everywhere with slides and balls. The parents then go for a run and when they return they get a free tea or coffee as part of their tickets. It means the parents get to interact with other parent and the kids get to play with other toddlers.	1500

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3421	Millwall Community Trust	Futsal For All	<p>The new futsal program initiative aims to inspire the local community to play Futsal. The projects main goals are to grow the community spirit, promote social cohesion and focus on improving the wellbeing of the local people in Southwark and the wider community through the power of Futsal.</p> <p>Millwall community trust will deliver a youth focused community football and engagement programme in which young people will take part in weekly sessions. The programme will allow young people to participate and learn the love of Futsal in a safe environment for 20 weeks of the year.</p> <p>Futsal for all will be a valuable tool for integrating and targeting South American people into the local community in South London. Many of the residents living on the Old Kent Road come from South American countries, where English isn't their first language, and can struggle to integrate properly with the wider community. This project will promote all cultures to come together and enjoy playing Futsal together. The project will also encourage the participants to be active in their local community and will be required to do a cleaning walk once a month.</p> <p>There is currently no Futsal specific activities running in Southwark by a professional football club so I believe this will attract the local community and develop a more healthy and active community all round. Providing a Futsal for All programme will help break down barriers through a shared love of the sport as it will be open to anyone who wants to take part. We are fortunate to have staff who speak Spanish and Portuguese (as well as English) and we feel this is an ideal way to celebrate different cultures via the power of sport and will help to bring this diverse community</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3056	My First 1000 Days	Yoga workshops for vulnerable young women at risk of offending	<p>Due to a huge increase in the demand for our activities, we are applying for a small grant to run our project with yoga, self-defence, meditation and mindfulness for young girls, that come from vulnerable backgrounds, minority groups and that have been subjected or are at risk of domestic violence, abuse or social exclusion.</p> <p>Our classes are aimed for girls that come from extremely poor backgrounds and are not able to afford any paying activity. Girls and young women who experience abuse can suffer from symptoms such as dissociation, physiological regulation difficulties, and mood disturbances that might not respond to traditional interventions. Given the benefits of exercise and sport, we hypothesized that activities such as yoga and martial arts with a focus on self-defence would ameliorate the negative impact of abuse on psychological functioning. After working with teams of professionals, psychologist and local organisations that also offer support to vulnerable women, our findings suggest that frequent exercise practice might ameliorate the negative impact of abuse history on self-concept and coping skills. In addition, our findings suggest that women who incorporate yoga and into other areas of life could get the greatest psychological benefits. Our project aims to encourage local girls and young women to realise their own potential, especially individuals experiencing isolation and social exclusion or minority ethnic women facing language barriers. Those taking part gain new skills and become more confident in their everyday lives, while becoming involved in the wider community. The project targets girls and young women who are socially isolated and may be experiencing mental health issues. It aims to empower individuals and encourage integration back into the community by building self-confidence through group activities as well as one-to-one support.</p>	4000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3278	Nexus Education Schools Trust t/a John Keats Primary School	"P is for Poetry" Mental Health Programme	<p>During the pandemic, a number of pupils suffered with family bereavement, poverty, loneliness and mental health issues. Many pupils suffered due to over-crowded homes, anxiety and lack of access to school support (many did not take emergency school places offered or did not have electronic devices to access school work). Some pupils were supported with emergency grants due to severe poverty/destitution, including families needing emergency clothing and/or household essentials. The scars from this time are still affecting our pupils deeply.</p> <p>Our aim is to help our pupils return to normality and process any trauma/anxieties they have suffered during the pandemic. With funding limited, we simply cannot offer the 1-2-1 mental health support on the unprecedented scale that is currently needed.</p> <p>Last year, we started to offer the 'P is for Poetry' programme to our children, encouraging them to engage with words and express ideas confidently. Theatre-maker Naomi Cortes use both classic and contemporary poems from around the world as the framework for workshops, encouraging pupils to speak clearly, convey ideas and develop vocabulary, while gaining confidence with reading/sharing aloud. The programme culminates with an end-of-term poetry assembly, enabling participants to recite/perform their class poems. The programme has been a huge success, increasing pupils' confidence and providing them with a toolkit of techniques to manage their own mental health struggles.</p> <p>The wonderful gift of poetry is how it makes us feel from within. Being able to climb inside the world of a poem enables our children to develop a sense of belonging and self-worth, creating positive experiences that they can reflect on when necessary. They tell us that, Remembering a poem and the actions that go with it helps me to feel calm, and when I sit on my own and think about my class poem it relaxes me.</p>	7770

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3263	South Social Film Festival	South Social Film Club	<p>SSFF has been working with neighbourhoods and local communities since 2015. For the South Social Film Club we are working with the Old Kent Road neighbourhood where Livesey Exchange 2, a new purpose built space is located. Livesey Exchange 2 is run by PemPeople, a grass root community organisation, the project is funded by Southwark Council.</p> <p>The South Social Film Club & Workshop, will launch a monthly Film Club, specifically designed for young Black people. Based on a 2021 survey by City Population the Old Kent Road ward has 5000+ young people (15-29) and 7000+ Black people. We are aiming at reaching out to this local community. The Film Club will feature regular film screenings that showcase a wide range of thought-provoking, inspiring, and culturally significant films.</p> <p>Furthermore, the club will offer comprehensive filmmaking workshops and training, empowering young people to maximise their independence, access support from the community, and enhance their physical and mental wellbeing. These workshops will cover various aspects of filmmaking, including scriptwriting, cinematography, directing, editing, soundtrack production, and music composition.</p> <p>The Film Club will also act as a platform for advocacy, addressing social causes relevant to the community. It will raise awareness about issues such as diversity, representation, and the social impact of films, empowering young filmmakers to utilise their talents and voices for positive change. Networking opportunities with industry professionals will be facilitated to encourage connections and learning from experienced individuals.</p> <p>Mentorship programs will be established to provide guidance, support, and inspiration to aspiring filmmakers and musicians on their creative journeys. The beneficiaries of the Film Club will primarily be young Black people interested in pursuing careers in filmmaking,</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3249	Peckham and Nunhead Free Film Festival	Peckham and Nunhead Free Film Festival 2024	<p>Through festival meetings, Southwark residents have told our team that they are worried about rising costs and are looking to cut back on their social activities as the rising cost of living is leaving tight budgets.</p> <p>Free events such as Peckham and Nunhead Free Film Festival are needed more than ever. We want to show that residents can still have a social life and continue to enjoy entertainment without breaking the bank. Our free SE15 events are accessible to everyone in the community.</p> <p>Peckham and Nunhead Free Film Festival is as much about community as it is about film. Using the power of film to cross boundaries, raise awareness and bring people together. The festival is entirely run by volunteers with a commitment to the SE15 area. There are countless ways for new local volunteers to get involved in the actual running of the festival throughout the year- Even helping out with the smallest tasks can make a real difference to their own self-esteem and to the lives of people in Southwark.</p> <p>Our diverse events allow people to discover new community venues and resources too, watch a film in a park, shop, or community space is an opportunity to experience venues in new ways, and to celebrate SE15. We highlight venues and link with TRAs to screen films and coproduce events.</p> <p>Our aims are:</p> <ul style="list-style-type: none"> - Community cohesion: bringing together a wide range of local residents and local groups (reflecting the diverse demographic of the area) through film screenings - Skills development: run projection workshops and film making - Intergenerational working: bringing together people of different ages with a shared interest in films - Support local film making talent: We provide opportunities for filmmakers to reach wider audiences 	10295

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*2286	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Nunhead and East Dulwich that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Belham - Bellenden - Hollydale - Ivydale - John Donne - Rye Oak - St Francesca Cabrini - St Mary Magdalene <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Harris Girls' Academy East Dulwich (Jan-Apr) and the new cricket facilities at Peckham Rye Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds. It will also help to build a relationship with Streatham & Marlborough Cricket Club, where the project aims to signpost children to from 11 years old onwards.</p>	5200

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3626	Pro Touch SA CIC	Pro Touch SA Multi-Sports Club for Primary School Boys and Girls	<p>The project will engage and support Primary school Boys and Girls (including SEND participants) who may not have easy access to dedicated/ consistent weekly support and services in Multi-sports. Our goal is to provide free sessions to those in our community and encourage them to stay actively fit and grow in confidence with newfound skills and knowledge in various multi-sports we will teach. This is aimed to reinforce and develop Physical Education lessons taught in Primary School. These drills will improve the physical activity of the participants greatly, whilst also increasing their knowledge of sports through having fun.</p> <p>Our Programme will involve a large variety of multi-sports activities so that we can ensure there is something for every participant to enjoy. These will include, however, are not limited to Fencing, Basketball, Dancing, Cricket, Badminton, tag rugby, dodgeball, bench ball etc.).Furthermore, as a sports-based community interest company, we are well-versed in fitness, strength and conditioning drills, including Speed, Agility, and Endurance exercises. We believe this diverse set of sports will maximise engagement as well as expose participants to sports they may never have had access to before due to inequalities in society.</p> <p>We are aware that different participants have different levels of ability i.e. beginners intermediate and advanced and we are equipped to cater for all. The Project is fully inclusive of all SEND attendees regardless of impairment type and, therefore has a variety of activities planned that can be broken down into the basic fundamental skills/ sessions taking into account the individual's sporting and physical ability, ensuring inclusion for all.</p>	1406

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3062	Southwark Black Parents Forum	Parents Forums	<p>Southwark Black Parents Forum (SBPF) is a network that helps facilitate initiatives and discussions, allowing for black parents to better support each other. We are here to create a safe and supportive environment for parents to thrive in Southwark “helping them to challenge the 'status quo' when it comes to addressing health inequalities, economic deprivation, educational attainment as well as challenging systematic forms of racism in spaces parents and children may need to ultimately navigate. To date we have delivered:</p> <ul style="list-style-type: none"> — Six Black Parent Forums in Southwark and reached 1,200 beneficiaries — 18 guest speakers to share their expertise — A Black History Month exhibition which over 200 people attended — Delivered health initiatives called More VIM, More LIFE total attendees 226 which shared health advice from Southwark Council and the NHS, practical advice on nutrition and introduced attendees to different types of exercise. — Delivered Akwasidae festival total footfall was 1737. This was part of our programme to promote equality, diversity and inclusion by spotlighting Southwark’s longstanding West African communities. — Recruited over 30 volunteers <p>Through positive feedback, and working with organisations with similar aims, we know there is a strong and positive appetite for our work to continue. Not only are we giving parents a safe space to voice their concerns, but we are also empowering them holistically. Our work equips black people with the tools to improve wellbeing overall, with a focus on physical and mental health. We not only challenge poor services and opportunities in health, employment, education, but provide awareness of the organisations to access to alleviate sense of despair or confusion, often reported. All of which we've found is essential to build up social self-esteem, alongside providing tools for black parents to protect and champion themselves as well as their children and the wider</p>	12700

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3241	Southwark Muslim Forum	Southwark Eid Fitri and Eid Adha. Festival 2024	<p>Southwark Eid at the park is a fun fare and family event organized by the Southwark Muslim forum in collaboration with partners across both Muslim and non-Muslim communities within the Southwark. the event aimed at celebrating the Muslim Eid festival in a vibrant and happy environment with the objective of bringing together communities, fostering love and unity. activities will include, the special Eid prayer, picnic/barbecue, provision of the fun ride and different activities, interfaith presentations, exhibitions by different groups, organizations, and communities within</p> <p>Southwark, games, and competition for children and provision of information centre to cater for all participants encouraging people of all ages, faiths (and non-faith), gender, the event venue will be planned to reflect all activities including the provision of the stall to individuals and organizations that would like to showcase their products and services. Including Southwark Public Health team to promoting Health and well-being of the community</p>	7038.56

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
1098	Spring Community Hub	Holiday Club -	<p>Spring Community Hub works to achieve equality in our communities, we want to be a vehicle for positive and lasting change in our clients so that they never need a food bank again.</p> <p>Our Holiday Club is part of a range of wraparound services that we provide for families who are experiencing financial challenges and food insecurity. The Holiday Club, has since its inception, provided nutritious, culturally sensitive food, play and learning opportunities for hundreds of children. These activities and the food provided to the families reduces money worries triggered by food insecurity. Additionally, recent research carried out on the impact of HAF funding found a probable link between food insecurity and poor mental health for parents and carers - this underlines the importance of our Holiday Club provision.</p> <p>The Club provides many social benefits; most of the activities we run are fun and inclusive and they nudge children towards healthy eating, exercise, integration and social inclusion. While our over-arching aim is to alleviate hunger, we also give families the opportunity to engage with their children through arts and crafts, cooking, dance, storytelling and our fun trips which have included visits to the sea side, Legoland, museums, and the Tower of London.</p> <p>We are fortunate to receive HAF funding, however, the Neighbourhoods Fund helps us to serve families with children aged zero upwards and we also serve the working poor - many of our families are in employment but are also experiencing food insecurity.</p> <p>Finally, helping to run the Club develops confidence in our volunteers, some of whom are Spring Community Hub adult clients, this means the benefits of the Clubs are shared across the organisation and our efficiency is improved.</p>	4173.75

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3141	Stay and Play	Stay and Play clubs	Stay and play offers parents a safe place to contact with other parents. It's a place where ideas are shared, mothers love and support each other. It's also a place whereby those struggling with mental health and parenting issues are sign posted to available support within the community. It serves as a valuable resource for parents, caregivers, and the community.	5000
3496	STEPHTOGETHER CIC	Mum and Strong	<p>The idea of setting up this group comes from the fact that STEPHTOGETHER is a group of parents with children with special educational needs. We have been providing service consistently since the 5th of March 2022 for children with SEN. During our recent survey in March 2023. It comes to our attention that Parents' and carers wellbeing was very poor and neglected, they lack confidence and have low self-esteem. As a result, they end up with isolation, depression, mental health, and many more health issues.</p> <p>We know Southwark is doing stuff for children with SEND and we appreciate it. However, parents and carers are often left out. It is clear that there are no services in Southwark that support carers as such. The aim of this project is to improve the well-being of parents and carers of children with special needs living in Southwark. The service will empower them to build their self-esteem, give them the confidence to be a role model for their children, and be able to impact the community as well as empower others in the community. Most of our parents are well educated with qualifications such as qualified social workers, nurses, and many more. Others do not have any skills. Unfortunately, all or most are not in employment. We will help them to build their confidence to go back to work or learn new skills that will enable them to achieve their goals and meet their dreams. We will provide parents/carers, with coaching and mentoring sessions to help them achieve their WHY by using simple step by step task.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3390	The Bubble Theatre Company Ltd (known as London Bubble Theatre)	Ages and Stages	<p>Older adults take part in our weekly, social drama groups - Tea Break Theatre in Southwark. They are creative, imaginative people with rich and diverse stories to tell. Despite being Southwark residents for much of their lives, many do not engage with the wealth of theatre and cultural institutions on their doorstep. The barriers they face are a combination of financial and feeling that these experiences and places are not for them. This project aims to change that.</p> <p>We regard our Tea Break Theatre members as artists and believe they deserve access to opportunities to increase their cultural capital and to receive support from professional artists to elevate the theatre they make with London Bubble. One member described the positive impact it makes for her to perform to an audience alongside her peers and neighbours:</p> <p>We don't feel invisible when we're with Bubble. Instead of being ignored, strangers came up to us and congratulated us on our work. We weren't pushed to the side, people saw us.</p> <p>Providing opportunities to see live theatre supports older people to be more ambitious with the theatre they make alongside London Bubble professional artists. Providing additional expertise from specialist artists such as designers, movement specialists and musicians will allow our members to realise their ambitions. We notice how being given costume to wear, props to use or hearing how a musician has combined a recording of them speaking with music they've suggested generates pride in our members. These elements increase creative expression and playfulness.</p> <p>The project will allow us to offer 2 theatre trips to all Tea Break Theatre members plus 2 opportunities to share the theatre they create with invited audiences. As groups may choose to see different shows, depending on their interests, this may result in up to 8 theatre trips.</p>	4344

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3472	The Ernest Foundation	Administration and Planning	<p>The Ernest Foundation's Move on in Life project aims to empower people living with HIV by providing them with various resources, support, and opportunities. This project is crucial because individuals living with HIV often face stigma, discrimination, and limited access to healthcare, education, and employment opportunities. The selected ward for this project is East Central Multi-Ward, a community with a high population of individuals living with HIV. This ward has been particularly affected by the challenges faced by people with HIV, including social isolation, limited job prospects, and low self-esteem. The Move on in Life project will have a significant positive impact on the residents of this ward. Firstly, the project will focus on education and awareness campaigns to combat the stigma associated with HIV. By conducting workshops, hosting community events, and distributing informational materials, the project will promote understanding, empathy, and acceptance within the ward. This will create a more inclusive environment for people living with HIV, allowing them to feel safer and more supported within their community. Secondly, the project will provide vocational training and skill development programs for residents. Many individuals living with HIV face barriers to employment due to their health status. By offering training in various fields such as computer literacy, hospitality, and entrepreneurship, the project will enhance the residents' employability and economic independence. This will not only benefit individuals directly but will also contribute to the overall economic growth and development of the ward. Furthermore, the Move on in Life project will establish support groups and counselling services to address the mental health and emotional well-being of residents living with HIV. By providing a safe space for individuals to share their experiences, seek guidance, and receive psychological support, the project will alleviate feelings of isolation and empower individuals to manage their health effectively.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3360	The Mayor of Southwark's Common Good Trust	Provision of essential household goods to individuals	<p>At the Mayor of Southwark's Common Good Trust (MSCGT), we are dedicated to bringing help and support to the most vulnerable members of the community in Southwark. We work to provide assistance in a variety of forms to those in need. This includes (but is not restricted to) the supply of essential household goods such as new cookers, fridges, beds, mattresses and washing machines. All goods are supplied and we do not provide any cash grants.</p> <p>Last year, we provided assistance to 27 Southwark residents and families referred to us by a range of local based providers. We need funds to continue this work and are requesting £5,000 in order that we can provide appliances to 20 people families in the East Central wards of Southwark. The availability of charitable funds in these wards are limited, with an emphasis on the north of the borough.</p> <p>A recent report 'More Than Making Do' (Association of Charitable Organisations, 2023) estimates that 480,000 households, or 1.2 million people, in the UK are living in appliance poverty. They are living without a washing machine or fridge/freezer, or both appliances that many of us take for granted. Of these, 53,000 households, or 130,000 people, are living without both a washing machine and a fridge/freezer. All too often, people living in poverty find their existing economic distress is exacerbated by not having the appliances and equipment needed to live a healthy, hygienic, safe and comfortable everyday life.</p> <p>Analysis from Pro-Bono Economics (2023) found that monetising the increase in life satisfaction of living one year with a washing machine and a fridge in the home (compared to without) can be valued at £7,200. For context, this is 21 times as large as the average size of grant made by us last year estimated at £350.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3425	The Neurodiversity Family Hub	The Neurodiversity Family Hub Membership program	<p>. Our organization is dedicated to providing specialised neurodiversity clubs for children and young people, as well as expert advice, advocacy, and parental support groups. We believe that no one should be denied access to the support and resources they need due to financial constraints.</p> <p>Our organisation understands the unique challenges faced by neurodiverse children and young people, as well as their families. We offer a range of essential services: Specialised Clubs: We provide a safe and inclusive space for neurodiverse children and young people to connect, learn, and develop essential life skills.</p> <p>Expert Advice: Our team of specialists offers tailored guidance to families, helping them navigate the complexities of neurodiversity. Advocacy: We advocate for the rights and inclusion of neurodiverse individuals in schools, communities, and society at large. Parental Support Groups: We facilitate support groups where parents and caregivers can share experiences and gain knowledge from one another.</p> <p>We are seeking a grant to subsidise membership fees for low-income families and individuals on benefits from the East central Multiward. By reducing the financial burden, we aim to ensure that all individuals and families, regardless of their economic situation, can access the support they need.</p> <p>By subsidising membership fees, we expect to reach a broader and more diverse group of neurodiverse individuals and their families. This inclusivity will have far-reaching benefits, including improved well-being, increased community engagement, and better support systems for those who need it most. This grant will allow us to provide membership and additional support to in excess of 20 families for a whole year. This could be the difference in academic attainment, inclusion at school, or reduced exclusion and improvement of well-being for both children and families. We also endeavour to reduce the demand for school support required.</p>	4330

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3323	Unwin and Friary TRA	Community keepfit and wellbeing	<p>The aim of the project is to help our community keep fit and stay fit through controlled and targeted exercise classes in our community hall.</p> <p>The class will be open to everyone. However, if there is a need to separate out the group into specific target groups, this will be done.</p>	4560

*3383 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3564 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3249 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*2286 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3626 also applied in Old Kent Road, Peckham

*3062 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3496 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3360 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3425 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

Ward: Nunhead & Queen's Road

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3470	Ballers Academy CIC	Walking Sports & Mobility	<p>In partnership with the Alzheimer's Society, Ballers Academy is committed to expanding its positive impact of providing once a month free weekly walking sports and mobility activities tailored to older individuals living with Dementia.</p> <p>Ballers Academy make the sessions fun, engaging and provide elderly vulnerable people with the opportunity to have some form of exercise to help them improve their health and wellbeing. All those that take part in our mobility sessions include those living with dementia, elderly people with low levels of mobility and their carers. The sessions are adapted to the needs and abilities of each individual client taking part in the activities.</p> <p>There are many vital services available for elderly residents living in Southwark but without a direct referral or friendly introduction to create new opportunities for elderly residents, we find many vulnerable people are reluctant to attend for many reasons such as not knowing people or not sure if they would enjoy it.</p> <p>Beyond the physical activity, these sessions serve as a catalyst for unity among older people from diverse backgrounds. Importantly, they provide invaluable support to those facing additional challenges, such as limited mobility, mental health concerns, or dementia. This noble endeavour aims to combat stress, alleviate isolation, and mitigate the loneliness experienced by many seniors. Through these engaging activities, older individuals are offered the vital opportunity to cultivate new social connections. Moreover, the programme extends a supportive hand to those dealing with two or three persistent long-term health conditions, including dementia, mental health issues, limited mobility, and individuals leading predominantly sedentary lives, thus contributing significantly to their overall well-being.</p>	600

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3383	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500
3536	Brimtonroy After School Club	After School Club	<p>Over 200 of children within our community are facing the same dilemma of lower grades in the national school exams in KS1, KS2 and GCSE, especially, in Maths, English and Sciences.</p> <p>The project offers a threefold benefits to the Children, Parents and Community.</p> <ul style="list-style-type: none"> * The outcome promotes improved performance in Maths, English and Sciences, making better results in the KS1, KS2, GCSE. * Children would obtain good grades in education generally matching the desires of the parents. * Improved job and career prospects equally benefiting the parents 	4800

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			* Overall quality education enhances greater opportunities for better employment prospects as well as better quality of life. It is a win, win over all.	
3480	Brimtonroy Superstar Football Club	Youth Football Club	The project is a Youth Football Club that brings all youth within the community to engage in football. This is one positive after school project that takes the young ones off the street and into a positive activity. This fosters friendly relationship among the youth and eradicates youth crime and violence thereby encouraging building a friendly and crime free community.	4480
3459	Brimtonroy Tenants & Residents Association	After School Club	<p>Over 200 of the children within our community are facing the same dilemma of lower grades in the national school exams in KS1 and GCSE, especially in Maths, English and Sciences.</p> <p>The project offers a threefold benefit to the children, parents and community.</p> <ul style="list-style-type: none"> * The outcome promotes improved performance in Maths, English and Sciences, making better results in KS1, KS2 and GCSE. * Children would obtain good grades in education generally marching the desires of the parents. * Improved job and career prospects equally benefiting the parents. <p>Overall, quality education enhances greater opportunities for better employment prospects as well as better quality of life. It is a win, win over all.</p>	4800
3520	Brimtonroy Women Forum	Women Forum	<ul style="list-style-type: none"> * The project aims to empower women especially mothers within our community * To teach them how to bake and cook economically * To teach women basic skills of sewing. <p>A good number of our women are struggling with running their homes. After raising children, some find it difficult to go back into work. These courses will equip some of them with necessary skills to find jobs after completing the course.</p>	5030

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3564	Connect (a partnership between In Your Corner and London Community Boxing)	Connect Peer Mentoring Pilot	<p>Since 2018, CONNECT has offered psychologically informed boxing groups for young people to improve emotional wellbeing. It has a core group offer and graduates programme and has worked with over 150 young people, with strong relationships with local targeted services (NHS CAMHS, Youth Justice, Children's Social Care). Our aim is to help young people achieve improved emotional wellbeing, connection to each other and their community. Our young people have improved their wellbeing, as well as become competitive boxers, achieved AQA educational units in boxing and completed work experience with LCB (see impact report).</p> <p>We want to develop further youth leadership opportunities in CONNECT by piloting a pathway where graduates and other local young people can train to develop skills to become young mentors, and then work with CONNECT mentees for 12 weeks, for weekly mentoring sessions.</p> <p>We want the project to:</p> <ul style="list-style-type: none"> -Support the emotional wellbeing of project mentees and mentors through 1:1 mentorship adding value to our group offer for young people. -Provide a development opportunity for local young people to become mentees, developing their skills and leadership abilities. -To promote community cohesion by supporting diverse local young people to learn and work together, whilst supporting other young people. <p>This project is a partnership between LCB and AFC. AFC have run a 2 year pilot demonstrating need for this way of working and an effective model of work. We work closely with all young people attending Connect to get feedback on project effectiveness and ideas for the future e.g. co-producing their graduates programme. They have told us</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			they want opportunities post age 16 which can help them with employability and leadership skills. We also work closely with referring agencies to identify need and ensure we meet it (e.g. the Local Authority identified care leavers as a priority local group).	
3071	Cossall TRA	Cossall Tenants and Residents Association	With the cost of living crisis impacting on the community, having a community Christmas party will be much appreciated by all. Those on low income will be able to share in the free Christmas festivities.	1500

<p>*3550</p>	<p>Holistic Well Women</p>	<p>Grassroots for Good Ujima Project. (Collective Work and Responsibility)</p>	<p>The Ujima Grass Roots for Good Project - To build and maintain our community together and make our community's problems our problems and to solve them together.</p> <p>Aims to develop a group network of peer- led community leaders who will share skills and knowledge and expertise and resources and experiences for the benefit of the community by the community.</p> <p>The Ujima project aim is to solve community together. Currently there are over 3,000 unregistered and registered charities in Southwark that all doing good to make Southwark a better place and to improve the opportunity in the community.</p> <p>We will take 6 Community group leaders on a collective and Collaborative journey together we will support each other, build capacity, share experiences, resources and skills, volunteers and space. We will engage with each other in a peer support and peer led style to offer support, encouragement and inspiration and empower each other to solve community issues and problems together. By sharing skills and resources to strength each leaders organisation. Based on timebanking model. E.g. We share resources, space or fundraising skills, social media exchange.</p> <p>Core support offered will be Wellbeing, Coaching, Community Leaders Short Break Financial Wellbeing/ Fundraiser Support and Wellbeing experiences Personal Development. Skills exchange. Training. Collaboration working together sharing resources, supporting each other Legacy Training, building skills, building capacity. Improve wellbeing Modelling a different way story capturing evaluations (through film, podcasts, or trying something new)</p>	<p>5300</p>
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Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3608	ParentsSkills2goCIC - Little People's World	Little People's World	<p>As a voluntary organisation the provision of mini and major trips during the Easter and summer, the provision of family learning activities with hot/nutritious meals. The cost-of-living crisis still impacts how families engage in fun activities and outings, sometimes missing out on the trips due to poverty (no recourse to public funds/immigration status), isolation and language barriers.</p> <p>These will support in</p> <ul style="list-style-type: none"> - Reducing isolation - Improving social skills - Improving mental health - Building social and community connections - Develop and improve learning and knowledge <p>In 2024, we will work with the family learning arm of Southwark Adult Learning service to provide holiday activities for parents and children. We will also work with coach companies to provide trips to the seaside and other local and historical places.</p> <p>Volunteer training and Induction: LPW provides opportunities for parents and carers who are service users to be volunteers and help with the planning, organising and implementation of the activities even with their children in attendance. This gives them opportunity to develop their communication, time management social skills and prepare them for work or further training. The training and Induction will take place for 2 days before every holiday programme.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3304	Mother Nurture	Mother Nurture	<p>Mother Nurture is a women's sharing circle designed to supporting local mothers during the critical first 12 months of motherhood. Our approach centres on active listening, creating a safe space for acknowledging mothers' unique and shared experiences, and combating the isolation and vulnerability many mothers face during this intensive period.</p> <p>Over the past two years, we've successfully run this weekly postnatal support group, typically hosting 6-8 mothers. We are seeking funding to expand our reach, allowing us to accommodate an average of 10-12 mothers each week. Our aim is to consolidate the group and ensure its continuity. Locally we collaborate with Milk+Musings, StartWell SE5 who refer mothers to the group and we encourage past participants to join "Parents & Toddlers" support group at The Green.</p> <p>The need for this service became evident to our facilitators, Hannah and Maru, after the birth of their second children. They observed that local support primarily focused on the baby and was costly, rendering it exclusive. Feedback from past and current attendees affirms the pressing demand for this service and the positive impact on their mental health and their babies' well-being. Our project serves as a postnatal preventative mental health initiative, promoting maternal well-being and reducing social isolation. Weekly gatherings foster improved mental health and enduring mutual support beyond the group; we are part of "the village" mothers need.</p> <p>In our area, Gathered offers a similar service but with a monthly cost of £48. Another group, Breakfast-Bumps- and-Babies, once conducted weekly sessions but transitioned into a breastfeeding support (StartWell SE5) at The Well Church in Camberwell. Mother Nurture stands out for its affordability, running for 40 weeks per year. We offer the first session for free, followed by four sessions at £15, ensuring accessibility for mothers from all backgrounds.</p>	3690

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3308	Nexus Education Schools Trust t/a John Donne Primary School	"P is for Poetry" Mental Health Programme	<p>During the pandemic, a number of pupils suffered with family bereavement, poverty, loneliness and mental health issues. Many pupils suffered due to over-crowded homes, anxiety and lack of access to school support (many did not take emergency school places offered or did not have electronic devices to access school work). Some pupils were supported with emergency grants due to severe poverty/destitution, including families needing emergency clothing and/or household essentials. The scars from this time still affect our pupils deeply.</p> <p>Our aim is to help our pupils return to normality and process any trauma/anxieties they have suffered during the pandemic. With funding limited, we simply cannot offer the 1-2-1 mental health support on the unprecedented scale that is currently needed.</p> <p>We offer the 'P is for Poetry' programme to all of our children, encouraging them to engage with words and express ideas and explore feelings confidently. Sadly, the cost of the poetry programme exceeds our budget, meaning we need to rely on external funding for providing the programme to our KS1 pupils.</p> <p>Theatre-maker Naomi Cortes use both classic and contemporary poems from around the world as the framework for workshops, encouraging pupils to speak clearly, convey ideas and develop vocabulary, while gaining confidence with reading/sharing aloud. The programme culminates with an end-of-term poetry assembly, enabling participants to recite/perform their class poems.</p> <p>The wonderful gift of poetry is how it makes us feel from within. Being able to climb inside the world of a poem enables our children to develop a sense of belonging and self-worth, creating positive experiences that they can reflect on when necessary. They tell us that, Remembering a poem and the actions that go with it helps me to feel calm, and when I sit on my own and think about my class poem it relaxes me.</p>	7800

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3310	Nunhead Art Trail	Private and public venues -	<p>The Nunhead Art Trail is an opportunity for artists / performers and craft people of all ages and ethnicities to show their work in their own homes and institutions / community venues under the umbrella and guidance of experienced artist volunteers. The event takes place over one weekend in September. It has huge benefits not only to the artists but also to the people of Southwark as visitors to the Trail, giving a chance to enrich their lives by experiencing many varied art forms for free. It is a great opportunity to meet people, make new contacts and discover parts and aspects of the community previously unknown. The artists participating are from a wide range of backgrounds ranging from amateur to professionals, from young to old, from all corners of the world - this gives them an opportunity to show their works to a wide range of individuals. This is a great opportunity for people of Southwark to involve themselves in the creative world in a more accessible way than the classic London galleries. Prior to the pandemic the Art Trail ran annually. This year, a new group of volunteers picked it back up again and organised a successful Trail involving 50-100 individual and group participants. Neighbourhoods Funding would be used to repeat and expand on this success, allowing the Trail to grow back to the level of participation and community impact it had before the pandemic. Funding would allow a wider reach to the public through enhanced publicity and would reduce the registration fee, making it more accessible for local artists.</p>	5230

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3290	Nunheads Voice Limited	Community enrichment Project/Live music at the green	<p>The primary objective of this initiative is to introduce a dynamic 12-week live music program in conjunction with the Warm Space/Warm Hub project. It seeks to infuse vibrancy and live entertainment into the lives of local residents who are grappling with the escalating cost of living crisis, an event scheduled to unfold at the Green Nunhead community centre Cafe. The availability of live music has been a scarce commodity for Southwark residents who are burdened by the financial strains of the current times. However, this 12 week program aspires to bridge that gap and, in doing so, enrich not just individual lives, but also fortify the collective fabric of the Nunhead community. This project extends its reach across various demographics, spanning age groups, individuals, and families within the Nunhead community who currently find themselves in the throes of hardship. Providing a welcome respite from the daily struggles, offering a unique opportunity for residents to experience the joy and inspiration that live music can bring. The benefits are not confined to the audience alone; local musicians from Nunhead or Southwark are invited to contribute their artistry to this 12-week program. In doing so, they not only have the chance to share their talents with the Nunhead community but also earn a modest income for their artistic skills. In essence, this project aspires to be a beacon of hope, uniting the community through the universal language of music. It acknowledges the challenging times faced by Southwark residents and offers a much-needed escape, a chance for local musicians to showcase their skills, and a pathway toward fostering a stronger, more interconnected Nunhead community. The harmony created through this musical journey has the potential to uplift spirits, strengthen bonds, and provide solace to those grappling with the cost of living crisis.</p>	2035

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3249	Peckham and Nunhead Free Film Festival	Peckham and Nunhead Free Film Festival 2024	<p>Through festival meetings, Southwark residents have told our team that they are worried about rising costs and are looking to cut back on their social activities as the rising cost of living is leaving tight budgets.</p> <p>Free events such as Peckham and Nunhead Free Film Festival are needed more than ever. We want to show that residents can still have a social life and continue to enjoy entertainment without breaking the bank. Our free SE15 events are accessible to everyone in the community.</p> <p>Peckham and Nunhead Free Film Festival is as much about community as it is about film. Using the power of film to cross boundaries, raise awareness and bring people together. The festival is entirely run by volunteers with a commitment to the SE15 area. There are countless ways for new local volunteers to get involved in the actual running of the festival throughout the year- Even helping out with the smallest tasks can make a real difference to their own self-esteem and to the lives of people in Southwark.</p> <p>Our diverse events allow people to discover new community venues and resources too, watch a film in a park, shop, or community space is an opportunity to experience venues in new ways, and to celebrate SE15. We highlight venues and link with TRAs to screen films and coproduce events.</p> <p>Our aims are:</p> <ul style="list-style-type: none"> - Community cohesion: bringing together a wide range of local residents and local groups (reflecting the diverse demographic of the area) through film screenings - Skills development: run projection workshops and film making - Intergenerational working: bringing together people of different ages with a shared interest in films - Support local film making talent: We provide opportunities for filmmakers to reach wider audiences 	10295

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3450	Peckham Soup Kitchen	Peckham	<p>The aims of the programme are to support young people to be empowered to improve their fitness and wellbeing and to gain valuable life knowledge to support them in the future.</p> <p>This programme is vital as nearly 40 per cent of all London's children are overweight or obese, with the highest rates occurring in the areas of greatest deprivation.</p> <p>This needs to change to improve the health and wellbeing of young people and we are aiming for this programme to be a positive next step in this.</p> <p>The young people will also be supporting the soup kitchen with their vital community work to enable them to give back to the community. There will also be a focus on reducing self-isolation with the young people working in the community with the elderly people, building relationships whilst distributing the food from the soup kitchen. This will be a key part of the programme as it will teach the young people self-belonging.</p> <p>Be Active is focused on keeping the body moving in a safe environment. We plan on influencing the young people on the programme with our mentorship skills and for them to become future mentors that will have a positive impact in their neighbourhood/communities.</p> <p>Our overarching goal is to create a healthier, more connected, and empowered future generation, with a positive mind-set.</p>	4880

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*2286	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Nunhead and East Dulwich that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Belham - Bellenden - Hollydale - Ivydale - John Donne - Rye Oak - St Francesca Cabrini - St Mary Magdalene <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Harris Girls' Academy East Dulwich (Jan-Apr) and the new cricket facilities at Peckham Rye Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds. It will also help to build a relationship with Streatham & Marlborough Cricket Club, where the project aims to signpost children to from 11 years old onwards.</p>	5200

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3081	Share The Cost	Dignity In Giving With STC Essentials	<p>In the heart of Nunhead & Queens Road, there's a palpable need to foster community spirit, especially in these challenging times. Our project, "Dignity In Giving With STC Household Essentials", aims to bridge the gap between essential needs and community bonding.</p> <p>Why is it needed? The rising cost of living has made even basic essentials a luxury for many. Beyond this tangible need, there's a yearning for community connection, a space where residents can come together, share experiences, and support one another.</p> <p>Our multi-faceted approach ensures both these needs are met:</p> <p>Food Bingo: A fun, engaging game where winners don't just get a sense of achievement but also essential food items from STC Essentials.</p> <p>Easter Egg Hunts: A festive activity that not only entertains but also ensures every participating child receives essential goodies.</p> <p>Children's Fun Day: A day dedicated to young minds, filled with reading sessions, a mini book library, and interactive activities. This also provides a platform for parents to connect, share, and support.</p> <p>DJ Classes: An innovative approach to engage the youth, teaching them a skill while also providing a platform for expression and connection.</p> <p>Every activity is designed to ensure participants leave with something essential, be it food, a book, or a new skill. But more importantly, they leave with a sense of belonging, a memory of laughter, and the assurance that their community stands with them.</p> <p>With a budget of £5000, we can execute these activities efficiently, ensuring maximum reach and impact. Our goal is simple: to ensure every resident of Nunhead & Queens Road feels seen, heard, and valued. Together, we can make this vision a reality.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3062	Southwark Black Parents Forum	Parents Forums	<p>Southwark Black Parents Forum (SBPF) is a network that helps facilitate initiatives and discussions, allowing for black parents to better support each other. We are here to create a safe and supportive environment for parents to thrive in Southwark “helping them to challenge the 'status quo' when it comes to addressing health inequalities, economic deprivation, and educational attainment as well as challenging systematic forms of racism in spaces parents and children may need to ultimately navigate. To date we have delivered:</p> <ul style="list-style-type: none"> — Six Black Parent Forums in Southwark and reached 1,200 beneficiaries — 18 guest speakers to share their expertise — A Black History Month exhibition which over 200 people attended — Delivered health initiatives called More VIM, More LIFE total attendees 226 which shared health advice from Southwark Council and the NHS, practical advice on nutrition and introduced attendees to different types of exercise. — Delivered Akwasidae festival total footfall was 1737. This was part of our programme to promote equality, diversity and inclusion by spotlighting Southwark’s longstanding West African communities. — Recruited over 30 volunteers <p>Through positive feedback, and working with organisations with similar aims, we know there is a strong and positive appetite for our work to continue. Not only are we giving parents a safe space to voice their concerns, but we are also empowering them holistically. Our work equips black people with the tools to improve wellbeing overall, with a focus on physical and mental health. We not only challenge poor services and opportunities in health, employment, education, but provide awareness of the organisations to access to alleviate sense of despair or confusion, often reported. All of which we've found is essential to build up social self-esteem, alongside providing tools for black parents to protect and champion themselves as well as their children and the wider</p>	12700

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3496	STEPHTOGETHER CIC	Mum and Strong	<p>The idea of setting up this group comes from the fact that STEPHTOGETHER is a group of parents with children with special educational needs. We have been providing service consistently since the 5th of March 2022 for children with SEN. During our recent survey in March 2023. It comes to our attention that Parents' and carers wellbeing was very poor and neglected, they lack confidence and have low self-esteem. As a result, they end up with isolation, depression, mental health, and many more health issues.</p> <p>We know Southwark is doing stuff for children with SEND and we appreciate it. However, parents and carers are often left out. It is clear that there are no services in Southwark that support carers as such. The aim of this project is to improve the well-being of parents and carers of children with special needs living in Southwark. The service will empower them to build their self-esteem, give them the confidence to be a role model for their children, and be able to impact the community as well as empower others in the community. Most of our parents are well educated with qualifications such as qualified social workers, nurses, and many more. Others do not have any skills. Unfortunately, all or most are not in employment. We will help them to build their confidence to go back to work or learn new skills that will enable them to achieve their goals and meet their dreams. We will provide parents/carers, with coaching and mentoring sessions to help them achieve their WHY by using simple step by step task.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3360	The Mayor of Southwark's Common Good Trust	Provision of essential household goods to individuals	<p>At the Mayor of Southwark's Common Good Trust (MSCGT), we are dedicated to bringing help and support to the most vulnerable members of the community in Southwark. We work to provide assistance in a variety of forms to those in need. This includes (but is not restricted to) the supply of essential household goods such as new cookers, fridges, beds, mattresses and washing machines. All goods are supplied and we do not provide any cash grants.</p> <p>Last year, we provided assistance to 27 Southwark residents and families referred to us by a range of local based providers. We need funds to continue this work and are requesting £5,000 in order that we can provide appliances to 20 people families in the East Central wards of Southwark. The availability of charitable funds in these wards are limited, with an emphasis on the north of the borough.</p> <p>A recent report 'More Than Making Do' (Association of Charitable Organisations, 2023) estimates that 480,000 households, or 1.2 million people, in the UK are living in appliance poverty. They are living without a washing machine or fridge/freezer, or both appliances that many of us take for granted. Of these, 53,000 households, or 130,000 people, are living without both a washing machine and a fridge/freezer. All too often, people living in poverty find their existing economic distress is exacerbated by not having the appliances and equipment needed to live a healthy, hygienic, safe and comfortable everyday life.</p> <p>Analysis from Pro-Bono Economics (2023) found that monetising the increase in life satisfaction of living one year with a washing machine and a fridge in the home (compared to without) can be valued at £7,200. For context, this is 21 times as large as the average size of grant made by us last year estimated at £350.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3425	The Neurodiversity Family Hub	The Neurodiversity Family Hub Membership program	<p>Our organization is dedicated to providing specialised neurodiversity clubs for children and young people, as well as expert advice, advocacy, and parental support groups. We believe that no one should be denied access to the support and resources they need due to financial constraints.</p> <p>Our organisation understands the unique challenges faced by neurodiverse children and young people, as well as their families. We offer a range of essential services: Specialised Clubs: We provide a safe and inclusive space for neurodiverse children and young people to connect, learn, and develop essential life skills.</p> <p>Expert Advice: Our team of specialists offers tailored guidance to families, helping them navigate the complexities of neurodiversity. Advocacy: We advocate for the rights and inclusion of neurodiverse individuals in schools, communities, and society at large. Parental Support Groups: We facilitate support groups where parents and caregivers can share experiences and gain knowledge from one another.</p> <p>We are seeking a grant to subsidise membership fees for low-income families and individuals on benefits from the East central Multiward. By reducing the financial burden, we aim to ensure that all individuals and families, regardless of their economic situation, can access the support they need.</p> <p>By subsidising membership fees, we expect to reach a broader and more diverse group of neurodiverse individuals and their families. This inclusivity will have far-reaching benefits, including improved well-being, increased community engagement, and better support systems for those who need it most. This grant will allow us to provide membership and additional support to in excess of 20 families for a whole year. This could be the difference in academic attainment, inclusion at school, or reduced exclusion and improvement of well-being for both children and families. We also endeavour to reduce the demand for school support required.</p>	4330

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3272	Wetsminster House Youth Club	Most Activities	<p>The project seeks to continue to make young people aware of others in the community - older people - people with disabilities and help them to come together to work on fun but purposeful projects. We have previously received funds to bring older and younger people in the community together and also to equip young people with skills to make them responsible citizens. The project was inspired and has developed with input from young people and older residents. There is a mistrust between the generations which we have started to address and we want to build on the positive relationships that have started to emerge between the club members and older people by continuing our lunch events including a coach trip.</p> <p>We want to continue to deliver wheelchair sports. Contact with older residents has enhanced young people’s understanding of disability as many are wheelchair users and or have alzheimers, etc. we want to continue to raise awareness of disability issues for our young people.</p> <p>We would also like to run some wellbeing/mindfulness courses for young people at the Club. We have completed phase 1 of our solar panel project and the neighbourhood fund contributed to a display board which shows young people (and the wider community) how much C02 is being saved etc. We want young people to have a panel who meet to monitor progress and report back to others. Panels on the Club and to hopefully become self-sufficient in terms of energy use.</p> <p>We also want to fund an 8 week sex and relationship education course x2 (one for boys one for girls) at the Club for young people aged 12+ covering issues of consent, contraception and safe sex, LBTGQ issues etc.</p>	5000

*3383 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3564 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

East Central Multi Ward NsF Applications 2024-25 list

Appendix 1

*3550 also applied in Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3608 also applied in Nunhead & Queens Road, Peckham Rye

*3310 also applied in Peckham, Nunhead & Queens Road, Rye Lane

*3249 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*2286 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3062 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3496 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3360 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3425 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

Ward: Peckham Rye

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*3230	Beatrice Taylor Searle	Peckham Digital	<p>Peckham Digital is a festival celebrating creative computing, with a programme of interactive artworks, workshops, talks and performances run over 4 days. We champion access to art through technology, support emerging artists and provide a space for digital art communities to meet in person.</p> <p>We are a Peckham (South-East London) based festival and we are especially excited to be developing Peckham as a hub for digital art and creative technology, in collaboration with the CCI (a local creative computing university). We are proudly local and aim to provide creative opportunities for locals as well as attracting visitors to Peckham and the surrounding area.</p> <p>We also work closely with a wide range of cultural groups, including UAL, UCL, Goldsmiths University, Staffordshire Street, Ricebox Studios, London Creative Coding meetup, Algorithmic Art meetup and BrightBlack.</p> <p>This makes our festivals aimed at the local community, creatives and students, as well as being a magnet for wider audiences to come into the area.</p> <p>We provide a platform for emerging artists and a space for digital art communities to meet in person and have the opportunity to network.</p> <p>We collaborate with a wide range of artists, from emerging to established, with the aim of bringing people together through these networks who can learn from one another and create future collaborations as an outcome of meeting at the festival.</p> <p>We will continue hosting local primary schools, alongside UAL Tech Yard, a computing workshop for local 11-14 year olds.</p> <p>Our talks and exhibition are free to attend, and we focus on jargon-free accessible entry points, with attendees creating artworks from scratch that they can take away and practice at home.</p>	4566

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3383	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3564	Connect (a partnership between In Your Corner and London Community Boxing)	Connect Peer Mentoring Pilot	<p>Since 2018, CONNECT has offered psychologically informed boxing groups for young people to improve emotional wellbeing. It has a core group offer and graduates programme and has worked with over 150 young people, with strong relationships with local targeted services (NHS CAMHS, Youth Justice, Children's Social Care). Our aim is to help young people achieve improved emotional wellbeing, connection to each other and their community. Our young people have improved their wellbeing, as well as become competitive boxers, achieved AQA educational units in boxing and completed work experience with LCB (see impact report).</p> <p>We want to develop further youth leadership opportunities in CONNECT by piloting a pathway where graduates and other local young people can train to develop skills to become young mentors, and then work with CONNECT mentees for 12 weeks, for weekly mentoring sessions.</p> <p>We want the project to:</p> <ul style="list-style-type: none"> -Support the emotional wellbeing of project mentees and mentors through 1:1 mentorship adding value to our group offer for young people. -Provide a development opportunity for local young people to become mentees, developing their skills and leadership abilities. -To promote community cohesion by supporting diverse local young people to learn and work together, whilst supporting other young people. <p>This project is a partnership between LCB and AFC. AFC have run a 2 year pilot demonstrating need for this way of working and an effective model of work. We work closely with all young people attending Connect to get feedback on project effectiveness and ideas for the future e.g. co-producing their graduates programme. They have told us they want opportunities post age 16 which can help them with employability and leadership skills. We also work closely with referring agencies to identify need and ensure we meet it (e.g. the Local Authority identified care leavers as a priority local group).</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3209	Friends of Peckham Rye Park	Friends of Peckham Rye Fete	Small scale traditional community fete with dog show, children's games, fancy dress parade, Punch and Judy show, Tea Tent, Pimms Beer and Cider tent and stalls including local traders and other charities. We aim to increase the well-being and enjoyment of all members of the community at a great local event; benefit community cohesion as many of our stalls are from local groups such as FOPRP; and raise money for investment in the park and the Common	3350

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3550	Holistic Well Women	Grassroots for Good Ujima Project. (Collective Work and Responsibility)	<p>The Ujima Grass Roots for Good Project - To build and maintain our community together and make our community's problems our problems and to solve them together.</p> <p>Aims to develop a group network of peer- led community leaders who will share skills and knowledge and expertise and resources and experiences for the benefit of the community by the community</p> <p>The Ujima project aim is to solve community together. Currently there are over 3,000 unregistered and registered charities in Southwark that all doing good to make Southwark a better place and to improve the opportunity in the community.</p> <p>We will take 6 Community group leaders on a collective and Collaborative journey together we will support each other, build capacity, share experiences, resources and skills, volunteers and space. We will engage with each other in a peer support and peer led style to offer support, encouragement and inspiration and empower each other to solve community issues and problems together. By sharing skills and resources to strength each leaders organisation. Based on timebanking model. E.g. We share resources, space or fundraising skills, social media exchange.</p> <p>Core support offered will be</p> <p>Wellbeing, Coaching, Community Leaders Short Break Financial Well-being/ Fundraiser Support and Wellbeing experiences Personal Development. Skills exchange. Training.</p> <p>Collaboration working together sharing resources, supporting each other Legacy Training, building skills, building capacity. Improve wellbeing Modelling a different way story capturing evaluations (through film, podcasts, or trying something new)</p>	5300

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*3608	ParentsSkills2goCIC - Little People's World	Little People's World	<p>As a voluntary organisation the provision of mini and major trips during the Easter and summer, the provision of family learning activities with hot/nutritious meals. The cost-of-living crisis still impacts how families engage in fun activities and outings, sometimes missing out on the trips due to poverty (no recourse to public funds/immigration status), isolation and language barriers.</p> <p>These will support in</p> <ul style="list-style-type: none"> - Reducing isolation - Improving social skills - Improving mental health - Building social and community connections - Develop and improve learning and knowledge <p>In 2024, we will work with the family learning arm of Southwark Adult Learning service to provide holiday activities for parents and children. We will also work with coach companies to provide trips to the seaside and other local and historical places.</p> <p>Volunteer training and Induction: LPW provides opportunities for parents and carers who are service users to be volunteers and help with the planning, organising and implementation of the activities even with their children in attendance. This gives them opportunity to develop their communication, time management social skills and prepare</p>	5000

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			<p>them for work or further training. The training and Induction will take place for 2 days before every holiday programme.</p>	

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3585	Millwall Community Trust	Kicks Project Delivery	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Peckham Rye. Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young people from the ages of 8 to 18 can take part in free weekly sessions (football, dance, boxing, music) at the Bethwin Adventure Playground facility and gain coaching and volunteering experience.</p> <p>More structured volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of Camberwell Green and help inspire young people away from those who may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 30-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p> <p>Through the Kicks project we will also deliver a range of healthy lifestyle workshops designed to help the young people be more resilient and understand how they can keep themselves healthy and safe.</p>	5000

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3457	Peckham Allstars Netball Club	Netball Club	We exist to teach Years 5 & 6 girls how to play netball so that they have the skills and confidence to play for their secondary school netball team and potentially move on to also play at a local England Affiliated Club if they want to. PE and sport is low on the agenda of most primary schools due to budgets, we offer a local club where the child can have fun, build confidence, learn new skills and make new friends. We believe (team) sports combat any mental health challenges as well - all the players leave a session rosy cheeked and a big smile. We have seen players arrive on their own for the first time and leave with a bunch of new friends in their local community. Unfortunately it's not easy to play netball without a proper netball court, unlike football where "jumpers for goalposts" play can exist!	3000

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*3249	Peckham and Nunhead Free Film Festival	Peckham and Nunhead Free Film Festival 2024	<p>Through festival meetings, Southwark residents have told our team that they are worried about rising costs and are looking to cut back on their social activities as the rising cost of living is leaving tight budgets.</p> <p>Free events such as Peckham and Nunhead Free Film Festival are needed more than ever. We want to show that residents can still have a social life and continue to enjoy entertainment without breaking the bank. Our free SE15 events are accessible to everyone in the community.</p> <p>Peckham and Nunhead Free Film Festival is as much about community as it is about film. Using the power of film to cross boundaries, raise awareness and bring people together. The festival is entirely run by volunteers with a commitment to the SE15 area. There are countless ways for new local volunteers to get involved in the actual running of the festival throughout the year- Even helping out with the smallest tasks can make a real difference to their own self-esteem and to the lives of people in Southwark.</p> <p>Our diverse events allow people to discover new community venues and resources too, watch a film in a park, shop, or community space is an opportunity to experience venues in new ways, and to celebrate SE15. We highlight venues and link with TRAs to screen films and coproduce events.</p> <p>Our aims are:</p> <ul style="list-style-type: none"> - Community cohesion: bringing together a wide range of local residents and local groups (reflecting the diverse demographic of the area) through film screenings - Skills development: run projection workshops and film making - Intergenerational working: bringing together people of different ages with a shared interest in films - Support local film making talent: We provide opportunities for filmmakers to reach wider audiences 	10295

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*2286	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Nunhead and East Dulwich that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Belham - Bellenden - Hollydale -Ivydale - John Donne - Rye Oak - St Francesca Cabrini - St Mary Magdalene <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Harris Girls' Academy East Dulwich (Jan-Apr) and the new cricket facilities at Peckham Rye Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds. It will also help to build a relationship with Streatham & Marlborough Cricket Club, where the project aims to signpost children to from 11 years old onwards.</p>	5200

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			<p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3062	Southwark Black Parents Forum	Parents Forums	<p>Southwark Black Parents Forum (SBPF) is a network that helps facilitate initiatives and discussions, allowing for black parents to better support each other. We are here to create a safe and supportive environment for parents to thrive in Southwark “helping them to challenge the 'status quo' when it comes to addressing health inequalities, economic deprivation, and educational attainment as well as challenging systematic forms of racism in spaces parents and children may need to ultimately navigate. To date we have delivered:</p> <ul style="list-style-type: none"> — Six Black Parent Forums in Southwark and reached 1,200 beneficiaries — 18 guest speakers to share their expertise — A Black History Month exhibition which over 200 people attended — Delivered health initiatives called More VIM, More LIFE total attendees 226 which shared health advice from Southwark Council and the NHS, practical advice on nutrition and introduced attendees to different types of exercise. — Delivered Akwasidae festival total footfall was 1737. This was part of our programme to promote equality, diversity and inclusion by spotlighting Southwark's longstanding West African communities. — Recruited over 30 volunteers <p>Through positive feedback, and working with organisations with similar aims, we know there is a strong and positive appetite for our work to continue. Not only are we giving parents a safe space to voice their concerns, but we are also empowering them holistically. Our work equips black people with the tools to improve wellbeing overall, with a focus on physical and mental health. We not only challenge poor services and opportunities in health, employment, education, but provide awareness of the organisations to access to alleviate sense of despair or confusion, often reported. All of which we've found is essential to build up social self-esteem, alongside providing tools for black parents to protect and champion themselves as well as their children and the wider</p>	12700

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3496	STEPHTOGETHER CIC	Mum and Strong	<p>The idea of setting up this group comes from the fact that STEPHTOGETHER is a group of parents with children with special educational needs. We have been providing service consistently since the 5th of March 2022 for children with SEN. During our recent survey in March 2023. It comes to our attention that Parents' and carers wellbeing was very poor and neglected, they lack confidence and have low self-esteem. As a result, they end up with isolation, depression, mental health, and many more health issues.</p> <p>We know Southwark is doing stuff for children with SEND and we appreciate it. However, parents and carers are often left out. It is clear that there are no services in Southwark that support carers as such. The aim of this project is to improve the well-being of parents and carers of children with special needs living in Southwark. The service will empower them to build their self-esteem, give them the confidence to be a role model for their children, and be able to impact the community as well as empower others in the community. Most of our parents are well educated with qualifications such as qualified social workers, nurses, and many more. Others do not have any skills. Unfortunately, all or most are not in employment. We will help them to build their confidence to go back to work or learn new skills that will enable them to achieve their goals and meet their dreams. We will provide parents/carers, with coaching and mentoring sessions to help them achieve their WHY by using simple step by step task.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3360	The Mayor of Southwark's Common Good Trust	Provision of essential household goods to individuals	<p>At the Mayor of Southwark's Common Good Trust (MSCGT), we are dedicated to bringing help and support to the most vulnerable members of the community in Southwark. We work to provide assistance in a variety of forms to those in need. This includes (but is not restricted to) the supply of essential household goods such as new cookers, fridges, beds, mattresses and washing machines. All goods are supplied and we do not provide any cash grants.</p> <p>Last year, we provided assistance to 27 Southwark residents and families referred to us by a range of local based providers. We need funds to continue this work and are requesting £5,000 in order that we can provide appliances to 20 people families in the East Central wards of Southwark. The availability of charitable funds in these wards are limited, with an emphasis on the north of the borough.</p> <p>A recent report 'More Than Making Do' (Association of Charitable Organisations, 2023) estimates that 480,000 households, or 1.2 million people, in the UK are living in appliance poverty. They are living without a washing machine or fridge/freezer, or both appliances that many of us take for granted. Of these, 53,000 households, or 130,000 people, are living without both a washing machine and a fridge/freezer. All too often, people living in poverty find their existing economic distress is exacerbated by not having the appliances and equipment needed to live a healthy, hygienic, safe and comfortable everyday life.</p> <p>Analysis from Pro-Bono Economics (2023) found that monetising the increase in life satisfaction of living one year with a washing machine and a fridge in the home (compared to without) can be valued at £7,200. For context, this is 21 times as large as the average size of grant made by us last year estimated at £350.</p>	5000

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
*3425	The Neurodiversity Family Hub	The Neurodiversity Family Hub Membership program	<p>Our organization is dedicated to providing specialised neurodiversity clubs for children and young people, as well as expert advice, advocacy, and parental support groups. We believe that no one should be denied access to the support and resources they need due to financial constraints.</p> <p>Our organisation understands the unique challenges faced by neurodiverse children and young people, as well as their families. We offer a range of essential services: Specialised Clubs: We provide a safe and inclusive space for neurodiverse children and young people to connect, learn, and develop essential life skills.</p> <p>Expert Advice: Our team of specialists offers tailored guidance to families, helping them navigate the complexities of neurodiversity. Advocacy: We advocate for the rights and inclusion of neurodiverse individuals in schools, communities, and society at large. Parental Support Groups: We facilitate support groups where parents and caregivers can share experiences and gain knowledge from one another.</p> <p>We are seeking a grant to subsidise membership fees for low-income families and individuals on benefits from the East central Multiward. By reducing the financial burden, we aim to ensure that all individuals and families, regardless of their economic situation, can access the support they need.</p> <p>By subsidising membership fees, we expect to reach a broader and more diverse group of neurodiverse individuals and their families. This inclusivity will have far-reaching benefits, including improved well-being, increased community engagement, and better support systems for those who need it most. This grant will allow us to provide membership and additional support to in excess of 20 families for a whole year. This could be the difference in academic attainment, inclusion at school, or reduced exclusion and improvement of well-being for both children and families. We also endeavour to reduce the demand for school support required.</p>	4330

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
3298	Tinker Studios	Tinker Studios - N/A	<p>Tinker Studios is a science, technology, engineering, arts and mathematics club for young people between the ages of 8 - 16, the club has ran successfully and the small group we have taught have been with us since before we even started the business, going from a company we previously worked for named MakerClub. 3 of our students have been with us for over 6 years, and we have had one graduate who was doing work experience with us until we broke up before the summer. We've been operating since 2019 in a space in Greenwich, however we have recently been evicted from our long standing space.</p> <p>As one of the co-directors is a Southwark resident we wanted to look into possible avenues of moving into Southwark, specifically we'd like to look at using disused high street spaces to utilise for educational purposes.</p>	4000
*3369	Together at Pecan	Together at Pecan (Creative Writing, Christmas Event and Salaam FC)	<p>Pecan exists to see an end to poverty in all its forms: we were created to address the most pressing needs faced by our community, but poverty is nuanced and complicated and the pressing needs expressed through the need for foodbanks, while important, is a symptom of the root causes (low income, debt, unemployment, poor mental and/or physical health, social isolation, loneliness, stigma, discrimination, lack of choice, poor housing etc.). Pecan aims to alleviate some of the symptoms so that people can survive while working holistically on the deeper issues so that people can thrive.</p> <p>Actual and perceived loneliness and social isolation have been proven to be associated with increasing early mortality rates. Research has linked social isolation and loneliness (real and perceived) to higher risks for a variety of physical and mental conditions: high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, cognitive decline, and Alzheimer's disease. The Royal College of Nursing state that Lack of social connections can increase the likelihood of early death by 26%. That risk is comparable to smoking 15 cigarettes a day and is higher than that caused by obesity and physical inactivity. (November 2022).</p>	4870

Ref ID	Organisation	Project Title	Project Description	Amount Requested [£]
			The Creative Writing (CW) courses, Christmas Event and Salaam FC all provide safe spaces for people to come: an entry point to not only reducing social isolation but to begin conversations that support them to access help and information to increase income, combat debt, and find employment etc. All of this while learning a new skill (CW), gathering to celebrate, and increasing their fitness, all in social, inclusive, welcoming spaces.	

*3230 also applied in Peckham, Rye Lane, and Peckham Rye

*3383 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3564 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3550 also applied in Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3608 also applied in Nunhead & Queens Road, Peckham Rye

*3249 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*2286 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3062 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3496 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

East Central Multi Ward NsF Applications 2024-25 list

Appendix 1

*3360 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3425 also applied in Old Kent Road, Peckham, Nunhead & Queens Road, Rye Lane, Peckham Rye

*3369 also applied in Peckham, Rye Lane, Peckham Rye